

TRIBAL YOUTH LEADERSHIP:

Methamphetamine Abuse Prevention and Intervention Across Tribal Boundaries

What is this training about? This course is designed to train and equip Native American youth with the leadership skills necessary to address the meth problem that plagues tribal communities. The overarching goal for this course is to provide students with the leadership skills necessary in preventing methamphetamine (meth) abuse and to facilitate positive change in their lives and in their communities and the opportunity to practice these skills in a student-centered learning team environment.

What will the course will be like? During each class session, students will be introduced to specific leadership concepts and skills, such as critical thinking, partnership building, or problem solving, and then be provided with a hands-on opportunity to practice those skills using experimental activities. Classes will be facilitated by project staff and knowledgeable Native American leaders and subject matter experts, who will work with students and act as mentors and positive role models.

The philosophy and basic principles of Community Policing provided in this course and used as the framework for integrating accountability in meth prevention with community leadership include:

- Community partnerships
- Problem solving
- Ethics
- Organizational change
- Prevention



Cost: This **no-cost** training is supported through a grant from the U.S. Department of Justice, Office of Community Oriented Policing.

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Upon successful completion of this course, students should be able to:

- Describe how personal choice and leadership skills can positively affect community wellness and livability;
- Explain the importance of understanding and respecting Tribal culture, the impact that culture has on leadership, and how to develop a personal mission statement that reflects individual beliefs and values;
- Examine their critical thinking skills, develop goal setting and problem-solving strategies, and apply these skills within the context of authentic learning team activities;
- Examine their communication skills, as measured through class participation, course assignments, and personal presentation;
- Discuss group dynamics principles, including group formation, conflict management, and group leadership, as measured by class participation and course activities;
- Recognize the impact that methamphetamine abuse has on tribal communities, as measured by class participation.

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