

IT'S YOUR ODYSSEY

ALL ROADS LEAD TO



WOU

NEW STUDENT WEEK 2011

If you have a disability that may require some accommodation in order to participate in a New Student Week activity, please notify the office of Disability Services at 503-838-8250 (v/TTY) at least 48 hours in advance.

NEW STUDENT WEEK

"IT'S YOUR ODYSSEY,
ALL ROADS LEAD TO WOU"

SEPTEMBER 18-25, 2011



BE SURE TO TAKE YOUR MEDUSA PUNCH CARDS TO YOUR INFO SESSIONS THAT HAVE THIS SYMBOL NEXT TO THEM! GET YOUR CARD STAMPED AND TURN IT IN TO THE NEW STUDENT WEEK INFO. BOOTH IN THE WUC BY FRIDAY, 9/23 TO HAVE A CHANCE TO WIN SOME BIG PRIZES!

WANT DOUBLE THE CHANCE TO WIN? ALSO BE SURE TO ATTEND ALL FIVE OF THE CULTURAL CONNECTIONS SESSIONS WITH THIS LOGO TO WIN A FUJI DIGITAL CAMERA IT REALLY IS THE TIME OF YOUR ODYSSEY!



DO YOU WANT TO BE A PART OF PLUS TEAM 2012? STOP BY THE NEW STUDENT WEEK INFORMATION BOOTH AND WE'LL TELL YOU HOW TO BE A PART OF THIS AMAZING EXPERIENCE!

MANDATORY EVENTS ARE DESIGNATED IN SHADED BOXES

HIGHLIGHTED & FUN EVENTS ARE IN THESE BOXES!

PLUS TEAM 2011

Nawwal Moustafa
Jonathan Farmer
Jennifer Benjamin
David Cervantes
Jordan Cowan
Jazmine Crowe
Lauren Doerr
Joshua Faust
Tayleranne Gillespie
Andrew Girres
Nathan Glander
Bibiana Guerrero
Krista Holloway
Hillevi Johnson
Emmanuel Macias
Anthony Medina
Tiffany Miller
Brittany Naas
Michael Nguyen
Lucas Peters
Justin Placencio
Akaanchya Pradhan
Annie Ralston
Vikas Sharma
Karin Traweek
Janna Vander Meulen
Hopie White
Sarah Whitfield
Erica Wills



NEW STUDENT WEEK IS SPONSORED BY
THE OFFICE OF STUDENT LEADERSHIP & ACTIVITIES

WOU MOVE IN DAY EVENTS!

Valsetz Food Court "Grab & Go" Menu

8am-11pm, Valsetz Food Court

Need a snack before lunch to get extra energy for moving in? Stop in and purchase a variety of convenience food items, cold drinks and snack items throughout the day. Also, be sure to buy your BBQ ticket for dinner while at Valsetz!

RESIDENTS MOVE IN

9am-5pm

Residence Halls

WOU INFORMATION STATIONS

New Student Week Info. & Water Stations

9am-5pm, Ackerman, Heritage & Landers Lawns

If you have questions about move in procedures or New Student Week activities, PLUS Team members will be available to answer all of your questions!

RHA Information Table

11am-6pm, Valsetz Alcove Area

Stop by and learn how you can make an immediate impact on your community, become a part of hall government, check to make sure your meal card is working properly, and buy a bunch of great WOU gear!

Family Weekend Registration Table

10am-4pm, The Grove

Get information about Family Weekend at WOU and register for all of the weekend events! Family Weekend is going to be February 17-19, 2012, but you'll want to secure your registration today!

Parents Association Handtruck Rental

9am-5pm, The Grove & Near Parking Lot J

This is a place for parents to stop by and talk with other WOU parents and rent a handtruck! Handtruck rentals are \$5 per half hour, with all the proceeds going toward WOU student scholarships. Information about WOU's Parents Association and Parents Association merchandise will also be available.

Residential Computing Computer Support

10am-1pm & 2-6pm, RSC North side of Valsetz

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

WOU ID Cards

10am-5pm, WUC 2nd floor

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for \$15.

Bookstore Open

11am-4pm, WUC, 2nd floor

The bookstore will be open today until 4pm so that you can pick up any WOU gear you will need for the big week! Check out the bookstore's new product lines that will make your room unique! It will also be open M-F 7:30am-5pm.

Lunch at Valsetz

11am-3pm, Valsetz Food Court

Moving make you hungry? The Valsetz Food Court is open for purchases. Use this time to buy your BBQ ticket for dinner as well!

Parents Say Goodbye

No Later Than 4:30 PM

Goodbye! Adios! Au revoir! Sayonara! Time for parents to give last hugs and kisses and hit the road!

MANDATORY SESSIONS

RESIDENCE HALL COMMUNITY MEETINGS

7-8:30pm, Residence Halls

This will be your first opportunity to meet all of the students who will be living with you in your residence hall community. Coordinated by your Resident Assistant (RA), you and your community will have a chance to get to know each other and learn what to expect during New Student Week and the academic year. This is a REQUIRED meeting for all on-campus students.

WELCOME, PLAYFAIR, GROUP "W" PHOTO

8:30-10:30pm, NPE Gym

ASWOU President, Jonathan Farmer, will be welcoming all new students to campus and PLUS Team Coordinators, Nawwal Moustafa and Jonathan Farmer, will share highlights of New Student Week. Join us for an event you won't want to miss as Playfair leads you in a variety of fun activities that help you meet your new classmates! Lastly, you will be posing with 900 of your new friends for the famous (and WOU tradition) "W" Group Picture! Say cheese!

New Student Week Barbecue

4:30-6:30pm, Landers Hall North Lawn

Get ready to eat and greet! Here's your first chance to get to make some new friends! Make sure to bring the ticket you purchased at Valsetz earlier in the day.

Get Your Game On

10:30pm-midnight, Werner University Center

Heey Y'all, ready to get your GAME on? ASWOU will be hosting late-night gaming activities. There will be Xbox, Wii, Playstation and, for you non-tech peeps, we will also have some classic board games. Bring your buddies and come on down, its gonna be a fabulous night.

Don't Forget to buy your ticket for the BBQ anytime during the day at Valsetz!

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WOU DAILY EVENTS

New Student Week Information Booth

8:15am-12:30pm, WUC 2nd floor, by elevator

Questions about New Student Week? This is the place where you can have all of your questions answered! You can also sign up for the variety show and get more information about PLUS Team for 2012!

Health and Wellness Center

6am-8pm

6-8am

11am-1pm

5:15-6:15pm

4-7pm

Facility Hours

Lap Swim

Lap Swim

Climbing Belay Class

Climbing Wall Open

WOU ID Cards

10am-4pm, WUC, 2nd floor, West Alcove

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for \$15.

Residential Computing

Computer Support

12-6pm, RSC North Side of Valsetz

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

NEW TO WOU SESSIONS

College-Level Writing

9-10am, Ackerman 139

College-level writing is a necessary skill for classes that may require reports and research papers. This mini-class will offer tips and help you get off on the right foot! *****This session will be repeated.*****



Students in Service

10:15-11:15am, WUC Santiam Room

Want a unique opportunity to earn money towards your education while volunteering? Come learn about a program dedicated to supporting college students in their volunteer efforts. You will join an amazing network of your peers through this AmeriCorps opportunity. College students and veterans from all disciplines who serve as members address local community issues, learn valuable civic and workforce skills, and aspire to a lifetime of civic engagement. Students in Service (SIS) participants become part of the AmeriCorps national service network, which improves lives and strengthens communities throughout America.



OMG! There's a Deaf Person! How Do I Talk to Them - or Talk to the Interpreter??

9-10am, WUC Santiam Room

Don't limit your Odyssey! It is likely that if you're at Western, you'll meet deaf students or work with interpreters at some point-- even as a hearing person. Learn some Do's and Don'ts, and common social signs to interact with Deaf and ASL-fluent students.



College Finance: Credit Cards and Credit Scores

10:15-11:15am, Ackerman 139

Avoid the pitfalls of many students by understanding credit cards, credit scores, and basic money management skills. College can be expensive, especially costs not directly related to the university. In one hour, discover your spending personality, understand basic credit card usage and credit reports, and make a budget specific to your needs. *****This session will be repeated.*****



What to Expect in the University Classroom

9-10am, WUC Columbia Room

As you have no doubt noticed, entering higher education represents a major change in your life. This collaborative problem-solving session will focus on the expectations of this new culture as well as provide effective strategies to ease your transition into the university. *Valuable campus resources will also be highlighted.* *****This session will be repeated*****



Student Employment

10:15-11:15am, WUC Columbia Room

GO GET A JOB! Do you hear this phrase too much? Come to this session to learn how, and why it's important to gain work experience. We will review work study information, how to be a good employee, and what supervisors expect from you. *****This session will be repeated*****



WOLF Ride: WOU's Safe Ride Program

9-10am, Ackerman 141

WOLF Ride is a free shuttle service for WOU students who would otherwise walk alone at night. Information about how to use this service in the Monmouth and Independence area will be provided.



Don't "Rome" for Accommodations, Find Your Path at ODS

9-10am, WUC Computer Lab

Orientation for incoming students registered with ODS to learn how to request accommodations. *****This session will be repeated*****

NATIONAL CONSTITUTIONAL DAY!

STOP BY AND SEE THE DISPLAY IN THE WUC HONORING OUR NATION'S FOUNDING DOCUMENT!

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MORE NEW TO WOU SESSIONS

Introduction to Abby's House

10:15-11:15am, WUC Abby's House

Come visit us at Abby's House! The mission of Abby's House Center for Women and Families is to support students at Western Oregon University and the surrounding community by providing informational resources and referral services to individuals in need. We also sponsor educational programming. During this session, you will visit Abby's House in the Werner University Center. You will learn about our resource and referral center, our library, our plans for programming for the year, and how to get involved.



How to Get Your Club On!

10:15-11:15am, Ackerman 141

Have you ever wanted to start your own club? Your Student Government wants your help in making sure we have all the right clubs on campus! Western has 70+ student led organizations for you to get involved and we make it easy to start your own. If you want to know how to join a club, start a club, or just want to hang out with other students, we have all the info you will need.

NEED A BREAK?

VOLLEYBALL IN THE GROVE!

11 AM-1 PM

Emergency Notification System

11:30am-12:30pm, WUC Santiam Room

This session is to inform and educate students on the campus wide emergency notification system that we use on campus in the event of a crisis situation that requires letting the campus community know what is going on. It also provides information as to how to access the system and add contact information including that of your parents.

Change the World: Be a Teacher

11:30am-12:30pm, Education 217

This session will describe the multiple pathways to becoming a teacher here at Western Oregon University, tips for negotiating these pathways most efficiently, and help you get excited about entering the profession of teaching. Do you want to be a hero and change the world? Become a teacher!

Campus Recreation Overview

11:30am-12:30pm, Ackerman 139

Learn about the services of the Health & Wellness Center as well as Intramural Sports, Club Sports, Outdoor Program and how to sign up for them. Information will also be presented about jobs in the Campus Recreation areas.

MANDATORY SESSIONS

PLUS TEAM SMALL GROUP SESSIONS

1-2pm, Residence Halls/WUC 1st Floor Lobby

PLUS Team members will meet with students in small groups. Students living in residence halls meet in their living communities. Off-campus freshmen meet in the WUC First Floor Lobby.

TOTO, WE'RE NOT IN KANSAS ANYMORE

2-4pm, NPE Gym

How do the Wizard of Oz, magic, cars, puppets and Lady Gaga help us to understand diversity? We are caught in times of political correctness, where "saying" the right things is worlds away from "doing" the right things. Considered one of the most inclusive sessions on diversity, participants will explore race, gender, sexual orientation, age, socio-economic class, religion, ability and size discrimination in an interactive format. By using this approach, groups can build coalitions--not blame--when they never realized they had so much in common with one another.

Earn Money for Your Notes!

11:30am-12:30pm, APSC Computer Lab

Do you take really great notes in your classes? Are you the go to person when your friends are sick to help them with what they missed? Want to get PAID to take notes? Come to this session to find out how you can work for Disability Services by just going to class and taking notes!

Welcome Reception for TRiO Alumni

11:30am-12:30pm, WUC Columbia Room

Were you a member of a TRiO Program (such as Upward Bound, Educational Talent Search or Student Support Services) at your previous school? Then this welcome reception is for you! Find out about important campus resources and learn who is here to help you succeed. Refreshments will be served.

The WOU Improv-dyssey

4:15 -5:15pm, WUC Santiam Room

An interactive preview and information session all about WOU's first improvisation group, including a season overview, schedule, and other topics. We will answer such questions as, "What is improv?" "Do I need theatre experience to participate?" and "Will I be able to join this club and still have a social life?" There will be a question and answer period as well as the opportunity to try your hand in some improv for beginners.

Don't Forget!

All off-campus students who would like to go to Prof. Chat on Wednesday need to call Valerie Bagley at 503-838-8426 by 5pm on Monday to reserve a spot. This is a great chance to meet some of your professors before classes start!

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This Is Not Sparta: A Navigational Guide for New Student-Athletes

4:15-5:15 pm, ITC 211

This session is to assist new student-athletes (incoming freshmen and transfers) in making the transition to WOU and will address the following areas: academic helpful hints, on-campus resources for student-athletes, athletic department services, and NCAA regulations. A panel of upper-class student-athletes will be available to answer questions.

Your Road to Academic Success

4:15-5:15pm, Ackerman 139

This session focuses on college academic expectations. Come learn strategies you can use to increase your success as a college student. We will discuss strategies for managing time, studying, and succeeding in the classroom. This session will benefit both freshmen and transfer students.



Discover Leadership

4:15-5:15pm, WUC Calapooia Room

Are you interested in becoming a leader but afraid you won't fit in because you don't have a lot of experience? Then this program is for you! Come meet other WOU students who are new to leadership and learn how to join *Discover Leadership*, a term-long experience that teaches you the leadership basics to prepare you to get fully involved here at Western. It's a great way to make friends and have fun learning!



15 Miles West Auditions!

5-6:30 pm, Smith 121

15 Miles West is hosting their fall auditions, and everyone is invited! (provided you meet certain requirements) 15 Miles West is Western Oregon University's All-Male a cappella Group, and we're going into our fourth year of existence. Please come warmed-up, and prepared with a song that showcases your vocal talents. A verse and a chorus will suffice for this portion of the audition. Results for callbacks will be posted the first day of classes in Smith Hall. ****This session will be repeated****



Cultural Connections

5:30-7pm, WUC Columbia Room

This session will give you the opportunity to learn about the Cultural Connections Program and the sessions that will be offered during New Student Week. Also, you will get to meet the staff from the Multicultural Student Services & Programs Office and the MCR's (Multicultural Representatives). Join us for dinner and an amazing keynote presentation by Roy Juarez Jr.! He was recently featured on CNN in a segment leading up to **Latino in America**. His spell-binding story has also caught the attention of the well-established, *New York Times* best-selling *Chicken Soup for the Soul* series. NOTE: Limited seats are available for this event, if you didn't previously reserve a seat with the MSSP office, seats will be available on a first-come, first-serve basis only!

HIGHLIGHTED EVENTS

Gyros for Heros!

5:30-7:30pm, The Grove

Well, at least it is Food and Fun for Freshman! Come to the grove in front of Ackerman Hall where your Residence Hall and Student Government Leaders will be serving up some food and a few volleyballs. Enjoy the band and backyard games! Sponsored by ASWOU.

New Student Week Dance

9:00pm-12:00am

WUC, Pacific Room

Feel the beat and join us for the BIGGEST dance of the year! Admission is \$3 at the door for new students and \$5 for returning students

UPCOMING EVENTS YOU DON'T WANT TO MISS!

Below you'll find a list of events/reminders for the rest of New Student Week. Make a note, put it in your phone, or use that wonderful "Plan-It Wolf" you got. Didn't get one? Be sure to stop by the Werner University Center Information Desk to pick up your free copy TODAY!

~ Are you using your punch card at your educational sessions? Be sure to bring it with you to specially marked sessions to get a stamp from the PLUS Team member. At the end of the week, turn it in to the WUC info Desk or RSC for your chance to win big at the Variety show! The student who attends the most sessions wins a special prize!

~ Swing by the Werner University Center and stop by the PLUS Team Information table! Here you can sign up for information on joining PLUS Team 2012, get entered in drawings, sign up for the Variety show and more!

~ If you live off-campus, you need to reserve a spot for Wednesday's Prof. Chat with Valerie Bagley in University Housing. Be sure to call her at 503-838-8426 or email her at bagleyv@wou.edu to secure your seat and meet with professors!

~ Already thinking about the weekend? Be sure to stop by the Residential Service Center before 5pm on Friday to sign up for your Saturday Excursion! These are open to everyone and spots are limited, so sign up today!

~Have a question for PLUS Team after hours? Find them any time at:

Facebook: [facebook.com/wouplusteam2011](https://www.facebook.com/wouplusteam2011)

Twitter: @WOU_NSW

Email: plusteam2011@gmail.com

WOU DAILY EVENTS

New Student Week Information Booth

8-11am & 1-3pm, WUC 2nd floor, by elevator

Questions about New Student Week? This is the place where you can have all of your questions answered! You can also sign up for the variety show and get more information about PLUS Team for 2012!

WOU ID Cards

10am-4pm, WUC, 2nd floor, West Alcove

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for \$15. Come to the WUC 2nd floor West Alcove from 10am-4pm and the Information Desk from 4-5pm.

Residential Computing Computer Support

12-6pm, RSC North Entrance

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

Health and Wellness Center

6am-8pm

6am-8am

11am-1pm

6:30-7:30pm

5:15-6:15pm

3-7pm

Facility Hours

Lap Swim

Lap Swim

Open Swim

Rock Climbing Belay Class

Climbing Wall Open

NEW TO WOU SESSIONS

Find your Classes-Non-Traditional Students and Transfer Students

8:30-9:30am, WUC East Plaza

Find your classes and experience campus with PLUS Team members.

So You Want To Be A Nurse

9-10am, Ackerman 141

Interested in becoming a nurse? Attend this dynamic session about the pathways to a career as a registered nurse. Dr. Mike LeMaster and staff from the Academic Advising and Learning Center will be on hand to talk with students about the pre-nursing program at WOU.

Serve and Learn

9-10am, WUC Santiam Room

Volunteer! Intern! Gain valuable experience! No previous experience/knowledge is necessary. Test out your interests while helping others! Discover more about these programs from Service Learning and Career Development.

Navigating Your Academic Records

9-10am, WUC Computer Lab

Come learn the who's, when's, where's, what's, and how's of your student records. This session will teach you how to navigate the many functions of the Registrar's Office and your academic records. Let us help guide you on the road to a successful college career.

Transfer and Non-Traditional Student Orientation

9-10am, WUC Columbia Room

This orientation will cover important information for transfer and non-traditional students on how to succeed, make connections and have a positive transition at WOU. Small group discussions facilitated by peer leaders, the non-traditional student advisor, and networking opportunities will highlight the orientation.

Street Safe

9-10am, WUC Calapooia Room

This session is to provide an overview of the way that students can help themselves be safe while at WOU. It also provides some common sense tips on staying safe while on campus, dating, traveling, etc.



TEACH Grant Information Session

10:15-11:15am, WUC Santiam Room

The federal TEACH Grant is an option to help future teachers pay for college, but the grant has an extensive, and somewhat confusing, service obligation that must be met to avoid the grant being converted to a loan. This session will cover TEACH Grant eligibility and the TEACH Grant service obligation.

Living on Campus: It's Not Greek to Us!

10:15-11:15am, Ackerman 139

Moving on campus can be a daunting experience, but getting involved makes it easier than taking a Roman bath. Come to this session to learn how you can be a part of the decisions and activities in the community you live in, including detailed information on hall government elections. Sponsored by the Residence Hall Association. ****This session will be repeated.****

Time Management for Transfer & Non-Trads

10:15-11:15am, WUC Calapooia Room

As an adult learner, you already possess numerous skills needed for success in higher education. Many adult learners, however, report that their number one concern is time management. This "timely" session will provide you with effective strategies for balancing your multiple responsibilities at school, work and home. *Participants will also be asked to share their best time management ideas during the session.

Transfer & Non-Trad Day! Welcome!

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MORE NEW TO WOU SESSIONS

How to Succeed in Mathematics and Science

10:15-11:15am, Ackerman 141

Math and science classes are challenging. Faculty members from these departments want you to do well in these courses and invite you to hear tips and learn about techniques that are proven to help students succeed.

This session will be repeated.



Financial Aid 101

1-2pm, Ackerman 141

Worried about how your financial aid will disburse to your account? Wondering if you have done all the paperwork? Come learn some of the basics of financial aid and how it will work. ****This session will be repeated****



Cultural Connections- Lend Me Your Peers!

10:15-11:15am, WUC Columbia Room

This session will give you the opportunity to meet some of the Multicultural Representatives (MCRs) on campus who will lead you through fun and interactive activities that will give you a chance to get to know your peers. This is a great way to make some new friends and connect with folks who may have a lot in common with you as you transition to Western Oregon University!



Honors Program Freshman Orientation

1-2pm, Ackerman 139

Inaugural meeting for the entire incoming Honors class. Meet everyone you didn't meet at SOAR plus get ALL your questions answered.

SEP Transfer Orientation

1-2pm, APSC 301

This orientation is required of all incoming participants to the Student Enrichment Program who are transferring to WOU from other colleges or universities. An overview of SEP's services will be presented and your initial intake appointment with your assigned Educational Advisor will be scheduled during this session.

Health and Counseling Center / Student Insurance

1-2pm, WUC Santiam Room

Did you know that you have access to seeing a physician or counselor right here on campus? Whether you are feeling sick, struggling in adapting to college, or having a hard time managing stress, there are a number of services that the Student Health and Counseling Center can provide to keep you healthy throughout your college experience. This session will cover the services that are provided here on campus, as well as information about the student insurance plan that will help pay for services away from campus!

****This session will be repeated****



It's Your Odyssey - TRI Child Development Center Adventure

2:15-3:15pm, WUC Columbia Room

Join us on an expedition through the Teaching Research Child Development Center. Learn how to: 1) Enroll your child ages 30 months through 6 years of age 2) Become a volunteer or practicum student to gain skills working with children 3) Apply for a possible work study job. Don't miss out on this opportunity.

Men - Get Involved With Leadership!

2:15-3:15pm, WUC Santiam Room

This session will provide information to guide men into leadership roles on campus at WOU and why that is important. As women graduate more and achieve higher GPAs than men now in colleges and universities, we at WOU want to get men to succeed! This session will talk about ways to get involved, what leadership skills are valuable for the future and make some good connections on campus.



MANDATORY SESSIONS

CONVOCATION & WILL KEIM
11:30am-12:45pm
NPE Gym
Western Oregon University presents Convocation with a welcome from President Weiss and keynote from nationally-known speaker Will Keim! This session promises to be a session that will be inspiring and motivating to start your year off on a positive note! Dr. Keim will finish the session talking to just the men of WOU for the last 15 minutes of the program about their success.

SIGNING OF NEW STUDENT WEEK WALK
12:45-2pm South Grove Sidewalk
Have you noticed the signatures on sidewalks around campus? Sign your name in concrete and leave your legacy behind!

M.E.Ch.A. 101

1-2pm, WUC, Columbia Room

Do you know what MEChA is? Interested in joining the movimiento? Then please come to our info session and preview what MEChA is all about. You'll learn about the importance to La Raza and why we try to emphasize the retention of Chican@ and Latin@ students into higher education. You'll also be more aware of our national identity, learning through our rich culture and about our services to our campus and other surrounding communities

****This session will be repeated****

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SEP Orientation

2:15-3:15pm, APSC 301

This orientation is required of all incoming participants to the Student Enrichment Program who did not attend the Summer Bridge program. An overview of SEP's services will be presented and your initial intake appointment with your assigned Educational Advisor will be scheduled during this session. This session will be repeated this week. Incoming participants need to attend only one of the sessions offered during NSW.



Tobacco Free Campus Campaign

2:15-3:15pm, Ackerman 139

Are you looking for a way to get involved and want to help make our campus a healthier environment for all? The Student Health Advisory Committee is just starting the process to educate campus about tobacco use and working towards enhancing our campus-wide policies. This presentation will talk about what has been done the previous year and the plans for the coming year.



Power of the People

2:15-3:15pm, WUC Calapooia Room

The lives of many marginalized communities can be lost and undervalued in the shadows of privilege through oppression, silence, and social injustice. However, with the coalition of determined and empowered students, equality for marginalized communities can overcome these barriers. In this workshop, ASWOU will be having an interactive game where we will gain knowledge about culture, race, LGBTQ, people of color, and more. We hope to increase consciousness and awareness about these communities as well as strategize ways to break stereotypes that many may carry. This will be a safe and positive space where discrimination, harassment, homophobia, and disrespect will not be tolerated. Come with an open-mind, socialize with others, and educate yourself :)!

MANDATORY SESSIONS

LET'S TALK ABOUT "IT"

3:30-5:00pm, NPE Gym

In this candid program about sexual assault prevention and sexual empowerment, Kelly and Becca share their personal story with sincerity and humor and effectively address the realities of sexual assault in a way that inspires people to take action. Armed with their experience, expertise and unique ability to relate to each member of the audience they treat both men and women as allies while focusing on the importance of communication, personal responsibility, bystander prevention and supporting survivors. Using sexual empowerment as their platform these two educators talk about sex under the influence, date-rape drugs, address gender stereotypes, and decode the toxic language surrounding sex while offering innovative ways to reduce sexual assault and help keep you and your friends safe. You will laugh, you will be inspired and you will know how to leave your campus and community better than you found "IT"!

PARTY AT THE PARTHENON

WUC PREMIERE NIGHT

Werner University Center

6:30-9pm

For one night, the Greek God Zeus will be opening the doors to the Werner University Center "Parthenon" in order for you to take a trip through history and visit some of the most prolific figures in ancient times. At the party, you will dine with Greek Gods, battle with Titans, journey to historic places, but also learn about the resources the Werner University Center Parthenon can offer to you! As you make your stops along your journey, you will be given various words to complete a puzzle in order to gain access to Ceasar's Palace, where you will compete in the ultimate tournament: BINGO! Upon your success, you will be rewarded with some of the finest goods in all of the land! The Party will last from 6:30-9:00pm. Come on down to the Party at the WUC Parthenon, where Greek history will come alive and take you for a trip you will never forget!



RHA BINGO

Games start at 7 & 8:15pm, WUC Pacific Room

Here's where taking chances pays off! With over \$500 in prizes and two separate start times, Bingo is totally FREE for students. Make sure you have filled out your Premiere Night cards with all of the stamps in order to get your ticket to play.

LATE NIGHT LAUGHS!

NSW COMEDIAN

10-11:15pm, NPE Gym

End your night with Comedian Todd JT Thomas and the best comedy show in town! You won't want to miss this belly-busting experience!

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WOU DAILY EVENTS

New Student Week Information Booth

9-10am & 12-4pm, WUC 2nd floor, by elevator

Questions about New Student Week? This is the place where you can have all of your questions answered! You can also sign up for the variety show and get more information about PLUS Team for 2012!

Residential Computing Computer Support

12-6pm, RSC, North Entrance

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

Health and Wellness Center

6am-8pm

Facility Hours

6am-8am

Lap Swim

11am-1pm

Lap Swim

7-11pm

Late Night Recreation

WOU ID Cards

8am-10pm, WUC Information Desk

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for \$15. Come to the WUC 2nd floor Information Desk for assistance.

NEW TO WOU SESSIONS

What the WUC has to Offer

9-10am, WUC Santiam Room

This session delves into the many things the Werner University Center (WUC) can help students with. Learn how to send faxes, where the ATM's are, where you can get food, how to reserve a room. We'll also cover the valuable resources housed here like the Bookstore and Service Learning & Career Development. So much more information will be covered. Hope to see you at this session!



Alternative Breaks

9-10am, Ackerman 139

Want a unique experience during winter or spring break? Interested in helping others? Want to be a part of a group that creates memories and makes a difference? Come learn what the Alternative Break program has to offer you!



Let's Talk Some More: Sexual Assault Prevention

9-10am, WUC Calapooia Room

Did Kelly and Becca yesterday get you thinking? This session will talk about what WOU is doing to prevent sexual assault. Counseling staff will be available to answer questions and provide support, while Carli will present a variety of programs, campaigns, and ways for students to get involved in sexual assault prevention and awareness. Students will also be given tips and tools to help keep them safe at school.



This is Only a Test

9-10am, WUC Columbia Room

The way to deal with exams in higher education is to keep them in perspective, but admittedly this is not always easy. This participatory session will focus on what to do before, during and after an exam to reduce test anxiety. *How to form and conduct an effective study group will also be addressed.



MANDATORY EVENT

PROF. CHAT

10-11:30am

Residence Halls/Valsetz

This is a unique opportunity to meet a Western professor before classes even begin! You will be able to see what faculty members are like outside of the classroom as they share about themselves and what they expect from the students enrolled in their classes. Don't miss your chance to get the inside information about how to succeed academically at Western. Residence Hall students should talk to your RA about your meeting time and location. Any off-campus first-year student, transfer student, or non-traditional student who would like to participate needs to call Valerie Bagley at 838-8426 by Monday, 9/19 at 5 pm for meeting time and location.

Math Placement Test

11am-1pm, Winters 110

If you still need to take the math placement test, or would like to retake the test, now is the time to do it. It is recommended that students prepare in advance for best results. Math placement test information can be found at: www.wou.edu/las/natsci_math/math/placement.html. If you cannot take the test at this time, contact the Math Department at 503-838-8465.

This session will be repeated

MEChA BBQ

12-1:30pm, WUC East Plaza

Hungry? Come on down to the WUC Plaza for some mouth-watering barbeque! We will be serving carne asada as well as beans and rice. You'll get the satisfaction of free food and get to hang out with the mechistas!

*Limited supply on food.

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MORE NEW TO WOU SESSIONS

HIGHLIGHTED EVENT

Student Organizations & Activities Fair 12pm-1:30pm, WUC 2nd floor

Stop by and visit with student leaders, coaches and staff about your interests in campus recreation, club sports, student organizations, various student clubs, special interest organizations and employment opportunities.

WOU has something for everyone!



What Rules?

1:30-2:30pm, WUC Santiam Room

Come learn what your rights as students are here at WOU! Take the road that leads you to get the most out of your college experience. This session will explore what happens if you do find yourself in the campus judicial system and how to make the most out of that experience! Don't be left trying to navigate the way by yourself.

College Finance: Managing Your College Budget

1:30-2:30pm, Ackerman 139

College can be the road to riches for some, but many students find themselves in tremendous debt after only a few years. Many blame high tuition and expensive books, but the fact is, much college debt comes from expenses not directly related to school. In just one hour, we'll discover your spending personality, design a budget that is tailored to you, and create a plan to get you through college as economically as possible. ****This session will be repeated****



GLBTQ Student Orientation

1:30-2:30pm, WUC Calapooia

This session is for gay, lesbian, bisexual, trans and queer students new to WOU. Join us and meet new people while learning about available resources, helpful hints, and networking on campus. Also, be introduced to the WOU Safe Zone program and the Stonewall Resource Center-two important tools on campus.

Cultural Connections – To Lead or Not to Lead, That is the Question!

1:30-2:30pm, WUC Columbia Room

This session will give you the opportunity to find out more about leadership opportunities on campus. These include the Multicultural Representatives (MCRs), the Multicultural Student Union (MSU), the WOU Leadership Certificate Program and much more! Find out now how to get valuable leadership skills while possibly earning credit, getting paid, traveling and making great friends at the same time!



Library Fair

2-5pm, Hammersly Library

Did you know you can eat pizza in the library? Or that unlike silent library you can talk to your friends? Come take a tour of the WOU Library and find out what else you can do. At each stop on the tour you will have a chance to talk with WOU students and get the insider view of the library.

Everyone who takes a tour get a Medusa Card punch.



Study Abroad--An International Odyssey

2:45-3:45pm, WUC Santiam Room

Study abroad or participate in an international internship or service learning project and expand your global awareness while earning WOU credits. Choose from over 60 locations around the world. WOU financial aid may be available to help fund your educational, international odyssey. ****This session will be repeated****



SEP Orientation

2:45-3:45pm, APSC 301

This orientation is required of all incoming participants to the Student Enrichment Program who did not attend the Summer Bridge program. An overview of SEP's services will be presented and your initial intake appointment with your assigned Educational Advisor will be scheduled during this session. This session will be repeated this week. Incoming participants need to attend only one of the sessions offered during NSW.

Women's Rugby

2:45-3:45pm, WUC Columbia Room

Are you a female? Did you play sports in high school? Would you like to continue to be an athlete at WOU and try something new? Would you like to make friends and stay in shape? If so, rugby is for you! Western Oregon Women's Rugby is a competitive club sport, and we want you to join our team! Please come find out more information about practice and workout times. This is also a chance for you to get to know some of our players!

Hang Out Like Hercules! Happenings in Monmouth

2:45-3:45pm, Ackerman 139

If you're looking for something to do in Monmouth, come to this panel to hear gods and goddesses of Western Oregon University talk about having fun, finding entertainment, and places to eat, like Caesar's Palace...or at least Little Caesar's Pizza. Having fun in Monmouth is no myth!



HIGHLIGHTED EVENT

Work Study Fair

3-5pm

WUC Second Floor

Have you been awarded work study? Come to the Work Study Fair to meet potential on and off campus employers! SLCD Staff will be available to answer questions you may have about how work study can be used.

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Health and Counseling Center Open House

3-5pm, Health & Counseling Center

Come meet the staff of the Health and Counseling Center and get a tour of the building that is here to meet your physical and mental health needs. This quick tour will provide an overview of the services and those that come through will be eligible to win a prize!



Living on Campus: It's Not Greek to Us!

4-5pm, Ackerman 139

Moving on campus can be a daunting experience, but getting involved makes it easier than taking a Roman bath. Come to this session to learn how you can be a part of the decisions and activities in the community you live in, including detailed information on hall government elections. Sponsored by the Residence Hall Association.

15 Miles West Auditions!

4-5pm, Smith Hall 121

15 Miles West is hosting their fall auditions, and everyone is invited! (provided you meet certain requirements) 15 Miles West is Western Oregon University's All-Male a cappella Group, and we're going into our fourth year of existence. If you got a voice that makes women melt, beatboxing chops that can keep the groove steady, or a falsetto that makes the girls jealous, come on out and audition for Western's all-male a cappella group! Please come warmed-up and prepared with a song that showcases your vocal talents. A verse and a chorus will suffice for this portion of the audition. Results for callbacks will be posted the first day of class in Smith Hall.



How to Tackle Your Text Book

4-5pm, WUC Columbia Room

Higher education includes extensive reading of complex materials requiring an active approach rather than a passive one. This interactive session will give you the opportunity to analyze what effective readers do as well as experiment with pre- and post-reading strategies to make your increased reading demands easier. *How to read faster without a loss of comprehension will also be addressed.

Don't "Rome" For Accommodations, Find Your Path at ODS

4-5pm, WUC Computer Lab

Orientation for incoming students registered with ODS to learn how to request accommodations.



It's All Greek to Us!

4-5pm, WUC Santiam Room

Not all Greeks are Ancient! Come to this session to learn how to get involved in Western's new Fraternity & Sorority Life system. Representatives from Student Leadership & Activities as well as the Men of Vision and L.A.D.I.E.S. will be present to help answer questions about how to get involved in this brand new leadership opportunity on campus.

HIGHLIGHTED EVENTS

Welcome to Monmouth and Independence Celebration

4-7pm, Church St, in front of NPE

(Rain Backup, WUC)

Come join us on Church Street in front of New PE to be welcomed to the Monmouth-Independence Area by University Housing, local businesses and the communities of Monmouth and Independence. This festive event includes a FREE MEAL provided by the Monmouth Business Association, booths featuring local businesses, music, FUN and so much more! Sponsored by University Housing Weekend Programs, the Monmouth Business Association, and Student Leadership and Activities.

Late Night Recreation

7-11pm, Health & Wellness Center

The Health and Wellness Center will be open for an evening of recreational activities. The Aquatic Center will be open from 8-10pm for open/lap swim and aquafit activities, the climbing wall will be open from 7-10pm for belayed climbing, there will be a volleyball and two basketball courts and of course the cardio/weight room will be available.

What to bring: Student ID is required to enter the facility along with athletic shoes and proper workout attire. Please see www.wou.edu/student/hwc for more information.

What to expect: There will be an opportunity for students to get their fingerprint encoded into the Health and Wellness Center's system and maybe just a few encounters with the HWC crew who will be educating participants on the facility's culture.

DRIVE-IN MOVIE & HORSERACING

8:30-11pm, Parking Lot H,

(Room Rain Back Up, WUC Pacific Room)

Bring your cars or lawn chairs to watch "Hercules" on the giant drive-in screen! Stop by the booths to grab some popcorn and place your bets on video horseracing during the film! Pick the winning horses for the chance to win HUGE prizes!

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WOU DAILY EVENTS

New Student Week Information Booth

8:30am-1:30pm, WUC 2nd floor, by elevator

Questions about New Student Week? This is the place where you can have all of your questions answered! You can also sign up for the variety show and get more information about PLUS Team for 2012!

WOU ID Cards

8am-10pm, WUC Information Desk

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for \$15.

Residential Computing Computer Support

12-6pm, RSC North Entrance

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

Health and Wellness Center

6am-8pm

6-8am

11am-1pm

3-7pm

6:30-7:30pm

Facility Hours

Lap Swim

Lap Swim

Climbing Wall

Open Swim

NEW TO WOU SESSIONS

Financial Aid 101

9-10am, WUC Santiam Room

Worried about how your financial aid will disburse to your account? Wondering if you have done all the paperwork? Come learn some of the basics of financial aid and how it will work.



“Roman” Around WOU

9-10am, WUC Plaza

Wondering how you'll get to Florence in time for your 10am Philosophy class? Meet up with experts of the WOU Empire to explore campus and navigate your way to your specific classes. Bring your class schedule and tighten up your sandals!



Roommates and Relationships

9-10am, WUC Calapooia Room

For many students, living with someone or in a shared community can be a new experience. Know that you are not alone, and that even if your roommate seems different from you, there are many ways to make the relationship work! This presentation will give you tips and tools to open communication, set boundaries for each other, and open up so that this experience can be a great one! You will be meeting so many people throughout your college experience, this session will help the relationships you already have and prepare you for the ones you are about to make.



Health and Counseling Center / Student Insurance

10:15-11:15am, Ackerman 141

Did you know that you have access to seeing a physician or counselor right here on campus? Whether you are feeling sick, struggling in adapting to college, or having a hard time managing stress, there are a number of services that the Student Health and Counseling Center can provide to keep you healthy throughout your college experience. This session will cover the services that are provided here on campus, as well as information about the student insurance plan that will help pay for services away from campus!



This session will be repeated!

But I Don't Have Time for that!

9-10am, WUC Columbia Room

Lack of planning and procrastination can quickly undermine your college success. This “timely” session will introduce you to five effective “tools” to identify what you want and how to get it from your university experience. *A plan for eliminating procrastination will also be addressed.



College Finance: Credit Cards and Credit Scores

10:15-11:15am, WUC Columbia Room

Avoid the pitfalls of many students by understanding credit cards, credit scores, and basic money management skills. College can be expensive, especially costs not directly related to the university. In one hour, discover your spending personality, understand basic credit card usage and credit reports, and make a budget specific to your needs.



Math Placement Test

9-11am, Winters 110

If you still need to take the math placement test, or would like to retake the test, now is the time to do it. It is recommended that students prepare in advance for best results. Math placement test information can be found at: www.wou.edu/las/natsci_math/math/placement.html. If you cannot take the test at this time, contact the Math Department at 503-838-8465.

Good Times Ahead

10:15-11:15am, Ackerman 139

Become a member of the Student Activities Board and help create some of the year's most exciting events! By joining SAB you can help organize Homecoming Week, the Halloween Dance, the Holiday Tree Lighting festival and many more programs throughout the year. Do you have a program you would like to see happen this year? If yes, this is the place for you. SAB always has room for more board members and new programming ideas!



THURSDAY 9 * 2 2

MORE NEW TO WOU SESSIONS

How to Succeed in Mathematics and Science

10:15-11:15am, Ackerman 141

Math and science classes are challenging. Faculty members from these departments want you to do well in these courses and invite you to hear tips and learn about techniques that are proven to help students succeed.



On-Track: Navigate Your Way through WOU!

10:15-11:15am, WUC Santiam Room

Don't get lost in the sea of college life! On-Track can help you map your way through the college experience by providing personal and academic support for underrepresented students. This session will give you all the information about his program and introduce you to the advisor. Come learn about what the On-Track and the MSSP Office can do for you here at WOU.



Campus Wellness Challenge

11:30am-12:30pm, WUC Santiam Room

Worried about that dreaded freshmen 15? Well, WOU has a great online program to help you keep track of what you are eating and the physical activity you are doing, called Campus Wellness Challenge! This session will cover how to access and use this tool available to all WOU students. Wellness is also about more than just your physical health though. This session will give you tips to be successful in your overall wellness while here at WOU, and cover some of the events that will be happening throughout the year!



M.E.Ch.A. 101

11:30am-12:30pm, Ackerman 141

Do you know what MEChA is? Interested in joining the movimiento? Then please come to our info session and preview what MEChA is all about. You'll learn about the importance to La Raza and why we try to emphasize the retention of Chican@ and Latin@ students into higher education. You'll also be more aware of our national identity, learning through our rich culture and about our services to our campus and other surrounding communities.



How to Overcome Test Anxiety

11:30am-12:30pm, Ackerman 139

Classes haven't started yet, but are you already worried about taking tests? This session will help you prepare for and take tests, while also providing new ways of thinking about them!



There's No Place Like Rome...Home.

11:30am-12:30pm, WUC Calapooia Room

Worried about homesickness? Never lived outside your family's palace walls? Come to this panel for insight from current WOU students on how to handle being away from home. Learn about the best ways to stay connected to your family, friends, and past community, while embarking on your odyssey at Western Oregon University.



MSU Orientation and Information Session

11:30am-12:30pm, WUC Columbia Room

The Multicultural Student Union is an organization whose mission is to promote diversity and cultural awareness throughout the WOU campus and the surrounding community. This club is open to EVERYONE on campus! Join us to find out more about this group and meet the current Executive Board.



This is SPARTA... I Mean... This is WESTERN!

12:45-1:45pm, Ackerman 139

You are now part of the Associated Students of Western Oregon University (ASWOU) family. We know everyone's journey to Western has been different and unique. It is our job to assist you in making the most out of your college experience. Bring your friends, your roommates, your 'A' game, and your lucky stuffed dog named Ernie for an intense game. Through this workshop we hope to provide you with a map of opportunities for involvement, leadership training and recognition, and assistance in making sure that you are as much a part of Western as Western is now a part of you. ASWOU is students advocating for students!



How to Get Involved in Student Media

12:45-1:45pm, WUC Calapooia Room

Presenters will provide information about how to get involved in Student Media here on campus. They'll also comment some on each component of Student Media, which consists of the campus newspaper, the *Western Oregon Journal*; the campus literary and arts magazine, the *Northwest Passage* and the newest addition to Student Media, the web-based radio station, KWOU.



Stress and Relaxation

12:45-1:45pm, Ackerman 141

Feeling overwhelmed yet? There are so many changes and transitions when coming to college, sometimes you just need to be able to breathe and relax. We will be talking about what stress is, how to manage it, and most importantly we will practice some ways to help keep you relaxed! So if you need a refresher and want some tools that will help you manage stress when school starts this session is for you!



Student Employment

12:45-1:45pm, WUC Columbia Room

GO GET A JOB! Do you hear this phrase too much? Come to this session to learn how and why its important to gain the experience. We will review work study information, how to be a good employee, and what employers expect from you.



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Study Abroad--An International Odyssey

12:45-1:45pm, WUC Santiam Room

Study abroad or participate in an international internship or service learning project and expand your global awareness while earning WOU credits. Choose from over 60 locations around the world. WOU financial aid may be available to help fund your educational, international odyssey. ***This is a repeated session.***



MANDATORY EVENT

COLLEGIATE EMPOWERMENT

2:00-3:00pm

NPE Gym

"Alcohol is not about drinking, it's about who you are!" Join us for this interactive session that will change the way you think about alcohol! Come learn how to avoid hangovers, how much students really drink in college, and other facts to clear up the myths around alcohol.

COMMUNITY MEETING #2

3:15-4:15pm

Residence Halls

This community meeting is an important opportunity to learn more about the residence hall community members you live with. Your RA will also be leading you through everything you need to know about living in a community at Western. This is a REQUIRED meeting for students who live on-campus.

MSU BBQ

4-7pm, The Grove

The Multicultural Student Union (MSU) is one of active student organizations on campus. Whether it's with their Annual Pow-Wow, the African-American Awareness Celebration or their Nuestra Fiesta Latina, MSU continues to make significant contributions to the Western Oregon University campus. Join us for some free food, live music and the opportunity to meet the MSU Executive Board.



Black Student Union Social

5-7pm, WUC Klamath Lounge

The Black Student Union exists to promote cultural and political awareness, and provide cultural and social support to ALL students on the Western campus. Come and meet the leadership of the Black Student Union and learn about the organization and upcoming events. All are welcome!

GLBTQ Social Hour

5-7pm, WUC Columbia Room

Come and enjoy a relaxing atmosphere and socialize with other gay, lesbian, bisexual, trans and queer students. A good time will be provided!

HIGHLIGHTED EVENTS

Food Relay

5:00-6:30pm, Valsetz Mt. Jefferson Room

Grab your friends and line up for a crazy food relay! Sure, eating all the watermelon you can sounds easy, but what about with NO HANDS?! Prizes galore as your gorge yourself on some crazy treats.

THE DATING DOCTOR IS IN!

7:00-8:30pm, NPE Gym

Looking for some new pick up lines? Odds are the Dating Doctor knows them all! This is often rated the "favorite" program for New Student Week! Come to this hilarious, fun and enlightening session about creative dating and relationships.

David Coleman is known nationwide as The Dating Doctor™ and "America's Real-Life Hitch!" He has been honored thirteen times as The National Speaker of the Year— 10 times by Campus Activities Magazine and 3 times by The National Association for Campus Activities. He recently won Speaker Of The Year again for 2010! He is a highly sought after speaker, author, entertainer, radio and television personality.

Speed Friends

9-11pm, WUC Summit

What's your favorite TV show? If you were a fruit which one would you be and why? Come ask some new friends whatever is on your mind- as long as you can do in in 60 seconds or less! This will be a fast-paced activity where you can meet all kinds of new people and leave with some new friends!

Guess Who's Straight

9-11pm, WUC Columbia Room

Come and ask a panel of WOU students questions about anything EXCEPT their sexuality and see if you can pick out who's straight! ASWOU's Gender and Sexual Diversity Advocate will facilitate a discussion on stereotypes and sexuality.

Laser Tag

9-11pm, The Grove (Rain location, NPE108)

Throw lightning like Zeus at Laser Tag! All equipment is provided, and it's a great way to make new friends as you join teams and compete for some cool prizes- the least of all is the glory of reigning supreme over the other players! Check this excitement out on the Grove for late night fun. If it's raining find us in New PE in room 108!

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WOU DAILY EVENTS

New Student Week Information Booth

8:30am-2pm, WUC 2nd floor, by elevator

Questions about New Student Week? This is the place where you can have all of your questions answered! You can also sign up for the variety show and get more information about PLUS Team for 2012!

Residential Computing Computer Support

12-8pm, RSC North Entrance

If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!

Health and Wellness Center

6am-8pm Facility Hours
6-8am Lap Swim
11am-1pm Lap Swim

WOU ID Cards

8am-10pm, WUC Information Desk

Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for \$15. Come to the WUC 2nd floor Information Desk for help!

NEW TO WOU SESSIONS

MANDATORY EVENT

Fee Payment Freshmen & New Transfers

8:30am-5pm ITC 013 (Behind Main ITC Building)

Avoid the lines and rush--pay for Fall Term classes today! Admission to the Fee Payment Area will be alphabetically by last name. Be prepared to show photo ID (WOU ID, driver's license, etc.) Avoid a late fee by going today!

Fee Payment Student Schedule:

S	8:30 am	F-G	12:30 pm
T-V	9:00 am	H	1:00 pm
W-Z	9:30 am	I-J	1:30 pm
A	10:00 am	K-L	2:00 pm
B	10:30 am	M	2:30 pm
C	11:00 am	N-P	3:00 pm
D-E	11:30 pm	Q-R	3:30 pm

Math Placement Test

10am-12pm, Winters 110

If you still need to take the math placement test, or would like to retake the test, now is the time to do it. It is recommended that students prepare in advance for best results. Math placement test information can be found at: www.wou.edu/las/natsci_math/math/placement.html. If you cannot take the test at this time, contact the Math Department at 503-838-8465.

Safe Zone Ally Training

10am-12pm, WUC Calapooia Room

Come one come all! Safe Zone is a program on campus that trains WOU community members on how to be an effective ally to the LGBTQ community here on campus and beyond. This two-hour session will get you trained as a Safe Zone Ally and give you more information about how to get involved!

Limited seating available, email diehmd@wou.edu to secure a spot, but we'll save room for people who do not RSVP too!

National Student Exchange: Roads to Expand Your Experience

10-11am, WUC Columbia Room

Are you interested in a low-cost way to study out-of-state and earn WOU credit? Come to this session about the National Student Exchange program and find out about the opportunities available to study away at another university in the United States, Canada, Puerto Rico, Guam and U.S. Virgin Islands.

SEP Orientation

10-11am, APSC 301

This orientation is required of all incoming participants to the Student Enrichment Program who did not attend the Summer Bridge program. An overview of SEP's services will be presented and your initial intake appointment with your assigned Educational Advisor will be scheduled during this session.

Succeeding with Biology

10-11am, Ackerman 139

Biology is a course that some students find to be challenging, but there are many strategies to help you succeed. This session is specific to the Biology 101, 102, 103 courses at WOU and will give you a jump start on building your own tool kit of strategies to make your Biology experience a positive one.

Sexual Health

10-11am, WUC, Santiam Room

Wow, look around at the potential of meeting people here! Keep those hormones in check until you come talk to our campus "sex-pert"! There is a lot to know about the resources students have access to regarding their sexual health, as well as the information that is out there...both the myths and facts. This will be an interactive session, with a game to test your knowledge, as well as plenty of time to ask questions and win prizes!

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MORE NEW TO WOU SESSIONS

NEED A BREAK? VOLLEYBALL IN THE GROVE! 11 AM-1 PM

Staying Sane at College: How to Take Care of Your Mental Health 11:15-12:15pm, WUC Santiam Room

College can be a stressful, overwhelming experience at times! This presentation will give you tools to take care of yourself and support those around you. Our mental health is so important to take care of, especially with all of the pressures that college students face in both their academic and social life. Don't wait until you are too overwhelmed, this session will provide you with the resources and tips to be successful.



College Finance: Managing Your College Budget 11:15am-12:15pm, Ackerman 139

College can be the road to riches for some, but many students find themselves in tremendous debt after only a few years. Many blame high tuition and expensive books, but the fact is, much college debt comes from expenses not directly related to school. In just one hour, we'll discover your spending personality, design a budget that is tailored to you, and create a plan to get you through college as economically as possible.



You Don't Have to Be Zeus To Be a Leader 11:15am- 12:15pm, Ackerman 141

There are more ways to get involved at WOU than there are Ancient Greek Gods! Join us at this interactive session to learn about all the different opportunities on campus including student clubs, Student Activities Board, Hall Government, PLUS Team and more!



Cultural Connections- Are YOU Ready?!?! 11:15am-12:15pm, WUC Columbia Room

This final session of the Cultural Connections Program will allow you the opportunity to make sure that you are all ready for classes the following Monday. We will assist you in making sure you understand if your fees have been paid, if there are any questions with your financial aid and answer any last minute questions you might have. Our goal is that you feel prepared and stress free for the exciting year to come!



Leadership Certificate 12:30-1:30pm, WUC Santiam Room

All these involvement options getting you excited? Think you want to do it all? Well you can! Leadership Certificate is a program geared towards students who plan to dedicate significant time to leadership opportunities here at WOU. Come learn more about how you can get connected to an on campus mentor to help guide you through all the options of getting involved!



Wolves Against Breast Cancer 12:30- 1:30pm, Ackerman 141

Come check out what WABC is all about. Learn about our meeting day/times, what we stand for and why we are here! You won't regret it.



Roommates and Relationships 12:30-1:30pm, WUC Calapooia Room

For many students, living with someone or in a shared community can be a new experience. Know that you are not alone, and that even if your roommate seems different from you, there are many ways to make the relationship work! This presentation will give you tips and tools to open communication, set boundaries for each other, and open up so that this experience can be a great one! You will be meeting so many people throughout your college experience, this session will help the relationships you already have and prepare you for the ones you are about to make.



College-Level Writing 12:30-1:30pm, Ackerman 139

College-level writing is a necessary skill for classes that may require reports and research papers. This mini-class will offer tips and help you get off on the right foot! ***This is a repeated session.***



What to Expect in the University Classroom 12:30-1:30pm, WUC Columbia Room

As you have no doubt noticed, entering higher education represents a major change in your life. This collaborative problem-solving session will focus on the expectations of this new culture as well as provide effective strategies to ease your transition into the university. *Valuable campus resources will also be highlighted.*



Variety Show Auditions 2-4pm, WUC Pacific Room

If you or a group of friends are interested in performing at the final event of New Student Week, come to this audition with your routine ready! You'll have a chance to sing and dance to your own music! Sign up in advance at the PLUS Team Info Booth to secure your spot, walkups still welcome!

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HIGHLIGHTED EVENTS

BUNCO!

8-11pm, WUC Summit

This isn't your usual Bunco party! Come join the fun at the biggest Bunco game of the year. Bunco is a fun dice game that is easy to learn and fun to play! Meet new friends and have a chance to win HUNDREDS of \$dollars\$ in prizes! Free for students!

Sponsored by University Housing Weekend Programs and Student Leadership & Activities.

WOU Night at the Independence 8 Cinemas

12 midnight, Independence Cinemas

Bring your WOU ID and \$5 (\$6 if you want to check out the 3D movies) to get exclusive access to a blockbuster hit of your choice! Movies showing will be *The Lion King (3D)*, *The Dolphin*, *Moneyball* and more! They are located at: 450 S. 2nd Street in Independence.

**DON'T FORGET TO REGISTER FOR YOUR SATURDAY
EXCURSIONS BY 5PM AT THE RSC TODAY!**

FAMILY WEEKEND 2012 REGISTER TODAY!!

Family Weekend is a time where families, friends, and relatives reconnect with their students through a weekend of activities and action-filled programming. This campus-wide event is one that offers parents a chance to experience Western Oregon University first-hand by meeting faculty and staff, connecting with other families, or visiting the campus as an alumnus. Everyone gets to enjoy the Western community in action through athletic events, community sessions, and family fun. This year's theme is *Family Matters*, a play on all the fun family TV shows out there! Some of the highlights of this weekend include:

- * Mini-team competitions
- * Fun Run
- * Student Performance Showcase
- * Family Fun Zone
- * Minute-to-Win-It
- * Caricature artists and photobooth

Family Weekend is February 17-19th
Register at the WUC info desk. Call
Angie Barry at 503-838-8064 with
questions!

The Werner University Center, Student Leadership & Activities Office, in conjunction with the Family Weekend planning committee has surfed all the channels to make sure that at this Family Weekend you know that *Family Matters*. We hope to see you and your *Modern Family* there!

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WOU Excursions!

Gather your friends and take part in one of our exciting excursions! Space is limited, so sign up at the Residential Service Center ASAP or come see us at Wednesday's Student Organizations and Activities Fair. You must register by 5 pm on Friday and payment for the trips is required at sign up. *Sponsored by University Housing Weekend Programs.*

Trip 1: Portland Saturday Market and Oregon Zoo

\$10/person

9:00 am - 5:30 pm

We will be checking out Portland's Saturday Market in the morning followed by the Oregon Zoo in the afternoon. The trip cost covers admission to the zoo and transportation; make sure to bring extra money for food and shopping!

Trip 2: Lincoln City Beach Trip

\$5/person

9:00 am - 5:30 pm

This trip takes you to Lincoln City on the Oregon Coast where you'll experience the Lincoln City Outlet Mall, a stop for lunch at the famous Mo's Restaurant, followed by beach time! The trip cost covers transportation; make sure to bring extra money for food and shopping!

Jensen Arctic Museum Open Tour Hours

10am-4pm Jensen Arctic Museum

If you haven't taken a tour of the museum yet, now is your chance! Come and take a look at this unique facility!

Health & Wellness Center Hours

Open Gym 10am-5pm
Lap Swim 11am-1pm

Werner University Center Hours

10am-10pm WUC

Come play pool, grab a snack or just lounge around with your new friends!

HIGHLIGHTED EVENTS

Monmouth Town Yard Sale!

11am-4pm, Monmouth City Park

Head to downtown Monmouth to our own city park (behind APSC) to check out the biggest yard sale around! Furniture, electronics, food and more. Meet local citizens and check out the good deals!

WOU Freshman Bar

8-11pm, 4th floor Heritage Ballroom

This is one party you won't want to miss! Come join the Peer Mentors in a party to welcome all of the new students to WOU! Don't miss the free mocktails, dancing, prizes and fun! Throughout the night you can participate in activities, such as trying our beer goggle challenge! Walk away from the party with the knowledge to make the right decision for yourself! Bring your student ID to get in!

UPCOMING EVENTS! MARK YOUR PLAN-IT WOLF!

WEEKEND PROGRAMS' EVENTS FOR FALL 2011

SPONSORED BY UNIVERSITY HOUSING

SATURDAY, 10/1 | VOLLEYBALL BLOCK PARTY
7 PM, NEW PE

FRIDAY 10/7 | COSMIC BOWLING
9 PM, INDEPENDENCE

SATURDAY, 10/22 | LASER TAG
TBD

SATURDAY, 10/29 | HAUNTED HOUSE
9 PM-1 AM, OREGON SCHOOL FOR
THE DEAF

FRIDAY, 11/4 | FAMILY FEUD
7 PM, TBD

FRIDAY 11/12 & SATURDAY 11/13 | NAQT
TBD, WERNER UNIV. CENTER

FRIDAY, 11/18 | MIDNIGHT MOVIE
12 AM, INDEPENDENCE CINEMAS

Variety Show Rehearsal

2-4pm WUC, Pacific Room

For those that are participating in the New Student Week Variety Show tonight, you must come to a mandatory dress rehearsal!

HIGHLIGHTED EVENT!

NEW STUDENT WEEK VARIETY SHOW & VIDEO!

6:30-8:30pm WUC, Pacific Room

The excitement of New Student Week reaches a climax at the annual Variety Show! Come watch your friends, PLUS Team members and others perform in the biggest talent event of the year!



UPCOMING EVENTS! MARK YOU PLAN-IT WOLF!

WOU BI-MART NIGHT WEDNESDAY, SEPTEMBER 28! 9-11 PM

Come to Bi-Mart and participate in WOU Night! There will be a live radio station DJ, GREAT Prices just for the night, and free giveaways for WOU Students!

Transportation may be provided--keep an eye out for more details!

HALLOWEEN WEEK

- 10/24- ZOMBIE FUN RUN
 - 10/25- PUMPKIN PAINTING
 - 10/26- GHOST HUNTERS
 - 10/27- HALLOWEEN DANCE
 - 10/28- MIDNIGHT MOVIE
 - 10/28- HAUNTED HOUSE @ OREGON SCHOOL OF THE DEAF
- WWW.WOU.EDU/STUDENTLEADERSHIP

Abby's House Events

September 28th: Abby's House Crafts Time: 12-4pm
Location: Abby's House WUC 108

Join us for arts and crafts as we welcome the incoming students to Abby's House.

October 10th: Financial Planning Workshop
Time and Location: TBA

Learn about creating a budget and managing your credit.

October 20th: Love Your Body Day
Time and Location: TBA

Learn about body image and eating disorders.
Contact abbyshouse@wou.edu for more info

QUIET DRIVE

TUESDAY, OCTOBER 18, 8PM
WERNER UNIVERSITY CENTER PACIFIC ROOM

TICKETS WILL BE ON SALE, STARTING OCTOBER 13TH AT THE WERNER UNIVERSITY CENTER INFORMATION DESK. THE FIRST 100 STUDENTS TO PURCHASE A TICKET WILL RECEIVE A FREE "PAINT THE TOWN RED" HOMECOMING T-SHIRT. TICKETS ARE \$5 FOR STUDENTS AND \$8 DOLLARS FOR FACULTY/STAFF/COMMUNITY MEMBERS.

Wolfpack Fall Sports Watch - HOME GAMES !!

DON'T MISS OUT ON THESE WOU WOLFPACK FALL HOME GAMES!
BRING THE SPIRIT; BRING THE NOISE!

WOU VOLLEYBALL

September 29 @ 7:00pm
WOU vs. Central Washington

October 1 @ 7:00pm
WOU vs. Northwest Nazarene

October 20 @ 7:00pm
WOU vs. Montana State Billings

October 22 @ 7:00pm (Homecoming)
WOU vs. Seattle Pacific

November 5 @ 7:00pm
WOU vs. Saint Martin's

November 10 @ 7:00pm
WOU vs. Alaska Fairbanks

November 12 @ 7:00pm
WOU vs. Alaska Anchorage

WOU WOMEN'S SOCCER

September 29 @ 3:00pm
WOU vs. Western Washington

October 1 @ 1:00pm
WOU vs. Simon Fraser

October 20 @ 3:00pm
WOU vs. Central Washington

October 22 @ 11:00am
WOU vs. Seattle Pacific

November 6 @ 3:00pm
WOU vs. Saint Martin's

WOU FOOTBALL

October 15 @ 1:00pm
WOU vs. Simon Fraser

Homecoming Weekend!

October 22 @ 2:00pm
WOU vs. Humboldt State

October 29 @ 1:00pm
WOU vs. Dixie State

WOU HOMECOMING 2011 EVENTS

SPONSORED BY STUDENT ACTIVITIES BOARD &
STUDENT LEADERSHIP & ACTIVITIES

How much WOU RED can you spread? Get your WOU spirit on because it's time for WOU's Annual Homecoming Week! This year's theme is "Paint The Town Red" as we extend our WOU pride outside of the university and into the City of Monmouth! Come join us for a week's worth of activities leading up to homecoming!

OCTOBER 17-22 EVENTS INCLUDE:

- October 17th:**
Oktoberfest Kickoff, sponsored by the German Club: noon WUC Plaza
- October 18th:**
QUIETDRIVE CONCERT! 7pm, WUC
- October 19th:**
Powderpuff Game: 7pm
McArthur Field, **Crowning the King**
- October 21st:**
Bonfire & Pep Rally: 7:30pm, Q Lot Field
- October 22nd:**
Homecoming football game: 2pm
WOU vs. Humboldt State,
Crowning the Queen



Check out WOU Athletics scores,
highlights and info...

WWW.WOUWOLVES.COM

HELPFUL CAMPUS ABBREVIATIONS

- WUC = Werner University Center
- NPE = New PE Building
- OPE = Old PE Building
- ITC = Instructional Technology Center
- APSC = Academic Programs and Support Center
- MNB = Math and Nursing Building (Winters Building)

WOU CAMPUS MAP

