

Please complete the enclosed Health History form (front and back) and mail it to

WESTERN OREGON UNIVERSITY
Student Health and Counseling Center
345 North Monmouth Avenue
Monmouth OR 97361
Phone: (503) 838-8313 Fax: (503) 838-8801

IMMUNIZATION HEALTH HISTORY INFORMATION

In accordance with the Oregon State Health Division, Administrative Rule 333-19-080, documentation of two doses of measles vaccine (rubeola) is **required** of all entering students who are taking at least nine (9) credit hours or more at Western Oregon University.

REQUIRED

TWO MMR immunizations after 12 months of age if you were born on, or after January 1, 1957.

Students can be considered immune to measles only if:

- a. They were born before 1957 (these people are assumed to have had measles)
- b. They have documentation of immunization with two doses of measles vaccine at least 30 days apart, on or after their first birthday
- c. Physician diagnosed measles, or
- d. Blood test showing evidence of immunity

Most often MMR (Measles, Mumps, and Rubella) was given as a combination immunization at 15 months of age or later.

The Registrar's office will be notified of students who are not in compliance with the Oregon State Health Division requirements. **Registration to attend classes will not be allowed for students who fail to complete their health requirements.**

Students can discuss the immunization requirements with personnel at the Student Health Center. If immunizations are not up to date, the student can receive them at the Health Center, the County Health Department or their own physician's office.

**YOU MUST FILL OUT THE HEALTH HISTORY FORM AND ATTACH A COPY OF YOUR
MMR IMMUNIZATION RECORDS TO MEET THIS REQUIREMENT**

Please see information on reverse side of page

IMMUNIZATION EXEMPTION

You may be considered exempt of the immunization requirement if one or more of the following apply:

- a. You were born before January 1, 1957
- b. You adhere to a religion or philosophy that is opposed to immunizations
- c. There is a medical reason that prohibits you from being immunized

If you are seeking to be exempted from the immunization requirement, on the back page of the health history form you will find the **AGE, MEDICAL, RELIGIOUS EXEMPTION** verification box. Please check which exemption you are seeking and provide the proper signature.

RECOMMENDED IMMUNIZATIONS

- A Diphtheria/Tetanus (Booster dose within last 10 years)
- B Polio
- C Hepatitis A Series (two doses)
- D Hepatitis B Series (three doses)
- E Meningococcal-Menomune or Menactra (one dose)
- F Varicella (chicken pox)
- G Rubella (German/3-day Measles; 1 dose)
- H Mumps (one dose).

TUBERCULOSIS (TB) SCREENING FOR INTERNATIONAL STUDENTS

Students from low-incidence countries, as designated by the Oregon State Health Division, are **not** required to have TB screening.

Low-incidence countries per Oregon State Health Division:

Australia, Austria, Belgium, Canada, Denmark, Finland, France, Germany, Great Britain, Greece, Ireland, Italy, Luxembourg, Netherlands, New Zealand, Norway, Portugal, Saudi Arabia, Spain, Sweden and Switzerland.

Students born outside the above countries are at higher risk of being infected with tuberculosis. **Tuberculosis skin testing is required for those students born outside the low-incidence countries.** Any student who has a history of a previous positive TB test should **not** be retested; these students need to have a chest x-ray. The student will need to bring a copy of the x-ray report and/or chest x-ray film, or physician documentation of treatment for tuberculosis. This documentation should be in English.