

RU GAME

WOU Winter Campus Recreation

January 4 through March 19, 2010 (Facilities closed January 16 - 18)

Weight Room

The weight room (beneath the stadium) will be available:

Monday - Friday	6 - 8 a.m. / Noon - 1 p.m. (not open Noon - 1 p.m. T/TH)
Monday - Wednesday	6:30 - 9:30 p.m.
Thursday	6:30 - 8 p.m. (women) 8 - 9 p.m. (men)
Friday	6:30 - 9 p.m.
Saturday	5 - 8 p.m.
Sunday	6 - 9:30 p.m.

Old P.E. Gym

The Old P.E. gym will be available for basketball during the following times*

Monday - Thursday	6 - 10 p.m.*
Friday	6 - 9 p.m.
Saturday	5 - 8 p.m.
Sunday	6 - 10 p.m.

*Intramurals may be scheduled in the Old P.E. gym some evenings

Courts

The multipurpose room (indoor tennis court) located in New P.E. may be available for basketball and tennis during these hours:

Monday - Thursday	8 - 10 p.m.*
Sunday	6 - 10 p.m.

*Due to scheduled activities by other groups, some facilities may not always be available as scheduled. Every effort will be made to post these exceptions in advance.

Sports Clubs

Soccer, Lacrosse, Longboard, Water Polo, Rugby, Crew, Wrestling, Swimming, Ultimate Frisbee, Tennis, Martial Arts

Intramurals

Activity	Sex (M=Men, W=Women, C=CoRec)	Entry Deadline	Play Starts
Basketball	MW	Tu, Jan 12	Tu, Jan 19
Indoor Soccer	C	Tu, Jan 12	Tu, Jan 19
Valentine's Couple Run	C	Su, Feb 14	Su, Feb 14
Kickball	C	Tu, Feb 16	Su, Feb 21
Swim Meet	MW	Tu, Feb 23	Su, Feb 28
Indoor Tennis Tourney	MWC	Tu, Mar 2	Su, Mar 7
4 on 4 Volleyball	C	Th, Mar 11	Su, Mar 14

Wolverton Memorial Swimming Pool

Lap Swim

6 - 8 a.m.	T, Th
7 - 8 a.m.	M, W, F
12 - 1 p.m.	M, W, F, Sat
12 - 1:30 p.m.	T, Th
4 - 5:30 p.m.	T, Th
5 - 6:30 p.m.	Sun
8 - 10 p.m.	Sun, M, T, W, Th, F

Recreational Swim

6 - 8 p.m.	M, W, F, Su
1 - 2 p.m.	Sa

Silver Swim (adult swimmers only)

1 - 2:30 p.m.	T, Th
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Water Walking

2:30 - 3:30 p.m.	T, Th
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Water Walking Seminars (free)

January 9 and February 6
9 - 10 a.m. and 4 - 5 p.m.

Join an instructor to learn tips, tricks and techniques to improve your independent water walking sessions

Aquatic extra's

No school swims 3 - 5 p.m.
February 12 and March 12

Discover Scuba Day 2 - 4 p.m.
January 9 and 30
Details: www.wou.edu/pool

PADI Open Water Diver Course
Begins February 5

Lifeguard Classes

Begin January 24 and March 22

Free Water Walking Seminars

January 9 and February 6,
9 - 10 a.m. and 4 - 5 p.m.
Join an instructor to learn tips, tricks and techniques to improve your independent water walking sessions.

Finals Week Late Night Swims
M, T, W • 10 p.m. to midnight

Cost

Term passes good for unlimited swims: (non-transferrable)

WOU students free with student ID

Child or senior*	\$40 per term
Adult, faculty, staff	\$50 per term
Family pass (max. 5)	\$60 per term

*Child (17 and under), senior (62 and older)

Cash and checks only. Payment taken at the pool.

Outdoor Trips and Programs

Snowshoeing	1/9/10	\$5	reg. by 1/7/10	(min. 4 or max. 12)
Snow Buses	\$10 for WOU students \$15 for all others			
	Hoodoo 1/16/10		reg. by 1/13/10	(min. 10 or max. 45)
	Hoodoo 2/27/10		reg. by 2/24/10	(min. 10 or max. 45)
	Hoodoo 3/13/10		reg. by 3/10/10	(min. 10 or max. 45)

Evergreen Aviation and Space Museum with IMAX

2/6/10 Full fee TBA

reg. by 2/3/10 (min. 4 or max. 12)

For details: www.wou.edu/student/campusrec/outdoor/

WESTERN OREGON
UNIVERSITY