New Student Week

Adventure
2018
New Student Week
WOU-Adventure September 16-23rd, 2018
New Student Week is Sponsored by Student Engagement

Mandatory Events are designated in these dark shaded boxes

Highlighted Events are designated in these light shaded boxes

Other Events and reminders are designated in these outlined boxes

If you require an accommodation to participate in a WOU activity, please notify Disability Services at least 72 hours in advance: 503-838-8250 or ods@wou.edu.

The Cultural Connections Program
In the back of this book you can find information on the NSW Cultural Connections Program and how to increase your chance of winning a prize!

The New Student Week App!
For a digital version of the NSW Schedule go to: Newstudentweek2018.sched.com

Interested in being apart of PLUS Team 2019? Just stop by the New Student Week Information Booth and we will tell you how to be a part of this amazing experience!

Follow Us on Social Media!
Snapchat: wouplusteam
Facebook: WOU Plus Team
Instagram: wou.plusteam

The New Student Week App!
Campus Abbreviations Guide

ITC - Instrucional Technology Center
MNB - Math and Nursing Building
APSC - Academic Programs and Support Center
HWC - Health and Wellness Center
WUC - Werner University Center
HL - Hamersly Library
NS - Natural Science
SHCC - Student Health and Counseling Center
MOD - Modular Classrooms
RWEC - Richard Woodcock Education Center
Valsetz “Grab and Go”  
8am-9pm, Valsetz Food Court  
Need a snack before lunch to get some extra energy for moving-in? Stop in and purchase a variety of convenient food items, cold drinks, and snacks throughout the day. Be sure to buy a BBQ ticket for dinner while at Valsetz!

New Student Week Info. Booth and Water Stations, 9am-5pm, The Grove, Heritage, Landers  
If you have questions about move in or New Student Week activities, PLUS Team members will be available to answer all of your questions!

Alumni Relations Table and Handcart Rentals  
9am-4pm, Parking Lot J  
Come support Alumni Association Scholarships by renting handcarts to help you move in! Carts, wagons and dollies are available to rent for $5 per half hour. Rentals will be done at the tent and will only need to provide a phone number, a credit card or cash and renters will fill out a short form.

Family Weekend Information Table  
10am-4pm, Heritage Lawn  
Stop by to get information regarding this year’s upcoming Family Weekend which will take place on February 8-10th, 2019!

Residential Computing Support  
11am-1pm & 2pm-6pm, RSC  
If you have questions about your residence hall computer connections or need additional computer support, this is the place to go!  
**This session will be repeated daily**

WOU ID Cards  
10am-5pm, WUC Second Floor Lobby  
Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacement cards will be issued for $15.  
**This session will be repeated daily**

Lunch at Valsetz  
11am-4pm, Valsetz Food Court  
Has moving made you hungry? The Valsetz Food Court is open for business, and ready to feed you! Use this time to buy your BBQ ticket for dinner as well.

WOU Bookstore  
11am-4pm, WUC 2nd Floor  
Pick up any WOU gear you need for the big week! Also, check out the bookstore’s new product lines that will make your room unique! It will also be open Monday-Friday, 7:30am-5:00pm and Saturday 10:00am-2:00pm during the academic year.

Family Goodbyes  
No Later Than 4:30pm  
Goodbye! Adios! Au revoir! Sayonara! Family & friends; time to give hugs/kisses and head out!

Highlighted Event  
New Student Week BBQ  
4:30-6:30pm, Grove (Backup, Pacific Room)  
Get ready to eat and greet! Here is your first chance to make some new friends! Make sure to bring the ticket you purchased at Valsetz earlier in the day. $7 for new students.

Mandatory Events  
Residence Hall Community Meetings  
7-8:30pm, Residence Halls  
This will be your first opportunity to meet all of the students who will be living with you in your residence hall community. Coordinated by your Resident Assistant (RA), you and your community will have a chance to get to know each other and learn what to expect during New Student Week and the academic year. This is a REQUIRED meeting for all on-campus students.

Welcome, Group W picture, Playfair  
8:30pm-10:30pm, NPE Gym  
ASWOU President, Evelyn Guzman, will be welcoming all new students to campus, while PLUS Team Coordinators, Tiffany Lewis and Ellen Moore will share highlights of New Student Week. Join us for an event you will not want to miss, as Playfair leads you through a variety of fun activities that help you meet your new classmates! Lastly, you will be posing with 1,000 of your new friends for the famous (and WOU’s traditional) “W” Group Picture!
**Daily Sessions**

These sessions will be happening everyday Monday - Friday of NSW

<table>
<thead>
<tr>
<th>New Student Week Information Booth</th>
<th>Lap Swim</th>
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<tbody>
<tr>
<td><strong>WUC 2nd Floor</strong></td>
<td><strong>11am-1pm, HWC</strong></td>
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<tr>
<td><strong>Monday: 8-9am, 10:15am-12:30pm , 2:30-5:15pm</strong></td>
<td><strong>Tuesday: 8:15am-1:30pm, 4:15pm-5:30pm</strong></td>
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<tr>
<td><strong>Wednesday: 8:15am-2pm</strong></td>
<td><strong>Wednesday: 8:15-10am, 12pm-1:30pm</strong></td>
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<tr>
<td><strong>Thursday: 8:15-10am, 12pm-1:30pm</strong></td>
<td><strong>Friday: 8:30am-3:00pm</strong></td>
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Questions about New Student Week? This is the place where you can have all of your questions answered. You can also sign up for the variety show and get more information about joining PLUS Team 2019!

<table>
<thead>
<tr>
<th>WOU ID Cards</th>
<th>Residential Computer Support</th>
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<tr>
<td><strong>10am-1pm, WUC 2nd Floor</strong></td>
<td><strong>8am-5pm, RSC North Side of Valsetz</strong></td>
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<tr>
<td>Identification cards will be made for students who have not yet received their cards. The first card is free for incoming students. Replacements will be issued for $15.</td>
<td>If you have any questions about your residence hall computer connections or need additional computer support, this is the place to go! The RSC will be open 11am-5pm throughout the school year.</td>
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<tr>
<th>Health and Wellness Center</th>
<th>Fee Payment for New Students</th>
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<td><strong>11am-7pm, HWC</strong></td>
<td><strong>8:30am-5pm, Cashiers Office, Administration Building, 1st Floor</strong></td>
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<tr>
<td>Grab a friend and come down to the HWC for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire.</td>
<td>Avoid the lines and pay for Fall Term Classes today! Be prepared to show a photo ID (WOU ID, driver’s license, etc.) Avoid a late fee by going today!</td>
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<tr>
<th>Financial Aid Drop-In Sessions</th>
<th>Valsetz NSW Hours</th>
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<tr>
<td><strong>8-5 Monday-Thursday, and 10-5 Friday.</strong></td>
<td><strong>Monday-Friday (Saturday and Sundays open at 8:30 am)</strong></td>
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<tr>
<td><strong>Financial Aid Office, Administration Building, 3rd Floor</strong></td>
<td><strong>Valsetz Food Court Grab and Go Menu: 7am - 9pm</strong></td>
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<tr>
<td>Questions about your financial aid? Stop by the financial aid office to get time with one of our financial aid counselors during their drop in hours!</td>
<td><strong>Breakfast: 7am - 10:30am</strong></td>
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<td><strong>Lunch: 11am - 5pm</strong></td>
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<td><strong>Dinner: 5pm - 8pm</strong></td>
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(Grill, salad bar, pizza, Deli, Curry/Pho, Waffle station, spotlight, Home-style)

**Pizza/C-Store:** Open until 9pm
Discover Leadership is a program designed to help students further their leadership abilities in a variety of fun ways. In this session, individuals will gain knowledge about what sort of skills will be enhanced during the duration of the program. In addition, they will learn about the service project required and the retreat at the end of the program. There will also be a panel that consists of former Discover Leadership graduates that are now involved in a variety of leadership programs on campus.

**Learn about the Student Activities Board**
10:15am-11:15am, Ackerman 139
SAB is a volunteer-based, event planning student organization that puts on high-quality events and activities for all students at WOU. Some of the events we plan include Casino Night, Movie Nights, school-wide giveaways, and Homecoming- just to name a few. Start your WOU Adventure and come learn about some of the amazing events we have planned, get to know our energetic team, and learn how you can become a part of SAB!
**This session will be repeated.**

**Be a Smart Wolf - Learn About Our Student Book Exchange**
10:15am-11:15am, WUC Calapooia Room
Textbooks are everything but affordable in most occasions. With over 400 books in stock at our ASWOU book exchange program you could be saving some money by either buying or selling your books. Come learn how to take full advantage of our book exchange program.

**Ask An Admissions Counselor: Transfer and Non-Traditional Students**
10:15am-11:15am, WUC Columbia Room
In this session you will get information about what to do if your transfer credits don’t seem to have transferred correctly, where to go to find a job, get involved, and many other things that we want ALL new students to know.
**Monday’s Events**

**Adventures in Math**  
11:30am-12:30pm, MNB 103  
Welcome to the start of a wonderful journey into Mathematics! In this session, we seek to emphasize the role of reasoning, intuition, and imagination in exploring patterns and discovering intriguing principles. We will also examine what the WOU math department and various related WOU clubs have to offer to the budding math voyager. Finally, we will present a senior capstone project summary in topology that showcases what an interested student can look forward to.  
**This session will be repeated.**

**Transfer Transitions**  
11:30am-12:30pm, Ackerman 141  
Transferring to a four-year institution can be difficult but does not need to be an impossible task. In this session, the concept of “transfer shock” will be introduced. Tips for how to manage “transfer shock” will be covered. Resources and opportunities available to transfer students to help them successfully integrate into their new educational environment at Western will also be covered. Join me to learn more about navigating your transfer pathway to successful degree completion.  
**This session will be repeated.**

**FYI 101!**  
11:30am-12:30pm, WUC Columbia Room  
This session will provide students with the tools needed to successfully navigate their Wolf Web student account summary and will learn how to sign up for direct deposit. Students will have the opportunity to complete required/optional forms and will be given helpful hints in navigating the financial complexities of higher education.  
**This session will be repeated.**

**The WUC Offers Many Things**  
11:30am-12:30pm, WUC Santiam Room  
This session delves into all the things the WUC can help students with. Learn where the ATM’s are, where you can get food, and student study rooms and much more. We will also cover the valuable resources housed here like the Wolfstore, Service Learning & Career Development and much more. We hope to see you at this session!

**Approved for Note Taking Accommodations? Learn how to use our Audio-NoteTaking Software!**  
11:30am-12:30pm, HWC 205  
Students approved for Sonocent Audio-Note Taking services as an academic accommodation are invited to join Disability Services for a tutorial on how to access and use the Sonocent Audio-Note Taking software and companion app. This session will include tutorials and plenty of time for questions and answers. Students receiving this accommodation will be contacted by Disability Services prior to New Student Week and will be loaned a Sonocent software license. Students can download the software to their personal devices or to a university computer (with advance notice).  
**This session will be repeated.**

**DegreeTracks: Accessing and Understanding your Degree Audit**  
11:30am-12:30pm, Hamersly Library 108  
DegreeTracks is the system that the graduation evaluator’s use to verify whether you earned a degree or not at the time you leave WOU. Take charge of your own academic destiny by learning to access your audit and understand what that audit means. Learn what needs to be done, and who to talk to about getting adjustments made. What the registrar’s office can and can’t do for you on the audit.

**Mandatory Event**  
**Convocation with Monti Washington**  
1-2:30pm, NPE Gym  
Presenting - Convocation with a welcome from President Fuller and keynote from nationally-known speaker Monti Washington! A product of a one night stand, abused in foster home after foster home, and raised sleeping in parks were just a few of the daunting obstacles in Monti’s journey From the Streets to the Stage. Be ready to be engaged, encouraged, and empowered by Monti who has obtained two college degrees, become a state basketball champion, award winning poet, McDonalds All- American nominee, nationally recognized actor, and co-founder of Truality.org, a non-profit organization aimed at inspiring youth to be TRU The Real U.

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**Interested in Community Service?**  
Serve alongside WOU students in our local community. Sign-Up on Wollink, through your Portal, to secure your spot. We will meet at the SLCD Office in the WUC on Friday at 1pm.
**MONDAY** 9/17

**MONDAY’S EVENTS**

**First-Year Writing Placement Challenge Exam**
2:45-5pm, Hamersly Library 108

The Writing Placement Challenge Exam gives eligible students the opportunity to challenge their placements into WR 121 or WR 122. The student will write an argument essay during a 2-hour supervised session, addressing tasks similar to those encountered in first-year writing classes. An old SAT score of 480 or 490, a new SAT score of 540 or 550, or an ACT score of 20 is eligible to challenge placement in WR 115. An old SAT score of 700, a new SAT score of 750, or an ACT score of 31 is eligible to challenge placement in WR 122. Students must bring photo identification and proof of SAT or ACT score.

**SEP TRIO Orientation**
2:45pm-3:45pm, Ackerman 139

Required for students who have been accepted to the Student Enrichment Program - TRIO (SEP), Welcome to the Student Enrichment Program. During this session, we’re going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively. **This session will be repeated.**

**Explore Major and Career Options**
2:45pm-3:45pm, Ackerman 141

Take an interactive assessment that will help you find a major or career that is a good fit for you. Learn how your personality and interests can guide you to make great major decisions.

**Advising 101: What To Do When Meeting With Your Advisor**
2:45pm-3:45pm, WUC Calapooia Room

Beginning of your university journey starts with meeting with an Advisor. Because your Advisor will help you explore possible majors that fit your interest and career goals, it is important to meet with them every term. In this session, we will go over the differences between High School Counselors and Academic Advisors, ways to connect with an Advisor, and strategies for preparing for your meeting with your Advisor. How to make the most with meeting your Advisor. After the presentation there will be a question and answer with a panel of advisors from different majors on campus. **This session will be repeated.**

**Cultural Connections Kick Off.: And so the WOU Adventure Begins**
2:45pm-3:45pm, WUC Columbia Room

Want to connect with a program that will support you as a student here at WOU? Want to meet some peers that are ready to help you out? Want to win some neat prizes? Then you do not want to miss this session! It will give you the opportunity to learn about the Cultural Connections Program and as well as give you a chance to meet the staff from the Multicultural Student Services & Programs office and the MCR’s (Multicultural Representatives) that serve as peer mentors.

**Navigating College as a Military Connected Student**
2:45pm-3:45pm, WUC Santiam Room

The Western Oregon University Veterans Resource Center is a place where student-veterans from similar backgrounds come together and support one another. This allows them to be more successful in their academic careers. At this session, we will talk about the realities of what it is like to be a military-connected student and learn about the resources that are available at WOU from our Director of Veterans Services.

**Go Get a JOB!**
2:45pm-3:45pm, WUC Willamette Room

Need a job? Want to gain some experience? How about some extra cash in your pocket? Come find out how to do all of this in one easy session! Learn how to navigate WolfLink, and why it’s important to use your work study award! I can help you become a better employee in one simple session! **This session will be repeated.**

**How to Succeed in Math and Science**
4pm-5pm, Ackerman 141

Math and science classes can be challenging. Faculty members from these departments invite you to hear tips and learn about techniques that help students succeed. We welcome students who plan to major in math and sciences, as well as students who plan to major in other disciplines but want to do well in their core curriculum required courses. Current WOU students will also share their experiences and thoughts on student success. Attendees will have the opportunity to ask questions about the strategies and skills necessary for succeeding in math and science courses at WOU.
Welcome to Monmouth & Independence Celebration
5pm-7pm, The Grove (Backup: WUC 2nd)
Come join us in the Grove for booths featuring local businesses with tons of free giveaways for students, a prize raffle, and a FREE Food! Sponsored by University Housing, the Monmouth-Independence Chamber of Commerce, and Student Engagement.

Dating Doctor
7pm-9pm, NPE
Looking for some new pick-up lines? Odds are, the Dating Doctor knows them all! This is often rated the “favorite” program of New Student Week! Come to this fun and enlightening session about dating and relationships. David Coleman is known nationwide as “The Dating Doctor™!” He has been honored 14 times as The National Speaker of the Year—11 times by Campus Activities Magazine and 3 times by The National Association for Campus Activities. He recently won Entertainer of the Year! He is a highly sought after speaker, author, entertainer, radio, and television personality—this is one event you don’t want to miss!

New Student Week Dance:
Find Us Where The Wild Things Are!
9pm- Midnight, WUC Pacific Room
Join us at our Safari NSW Dance! Come decked out in your Safari gear, as an Explorer, or Animal, and dance the night away with free food, prizes for best costumes, photo booth, and much more! Entrance is $3 for New Students, and $5 for General Students

Food Pantry Info Session
4pm-5pm, WUC Calapooia Room
Come learn about how to access and volunteer at the WOU Food pantry!

Hello Adventure! Hello Pre-Nursing!
4pm-5pm, WUC Columbia Room
Planning to pursue pre-nursing? Join us on the adventure of meeting your pre-nursing peers and your advisor! With some great tips & advice on how to start on the right track for such a competitive field, you will discover the support and resources offered to you during your journey at WOU as a pre-nursing major!

Teacher Licensure Exam Preparation Workshop
4pm-5pm, Math and Nursing Building 110
This workshop will prepare you to take - and pass - the teacher licensure exams. Free resources, expectations, registration, and the ideal time to take the exam will be discussed. Highly recommended for transfer students! **This session will be repeated.**

ALICE, an Adventure of Survival
4pm-5pm, WUC Santiam Room
Well known “lockdown” drills are outdated and ineffective to today’s threats. ALICE teaches proactive options to increase survivability during active shooters/killers by empowering each person to make their own decision.

Oh The Places You’ll Go:
On-Track Information Session
4pm-5pm, WUC Willamette Room
The On-Track program provided by the Multicultural Student Services and Programs office is designed to support first generation and/or culturally underrepresented students during their time at Western Oregon University. Stop by to learn more about how to stay ON TRACK!!

Dont Forget to Sign-Up for the Variety Show Auditions!
Auditions are on Tuesday and Wednesday, but you can sign up in advance at the Plus Team Booth, the WUC Info Desk, or with your PLUS Team Member.
Tuesday’s Events

Spiritual Life in College
9am-10am, WUC Calapooia Room
What does spirituality look like for the modern college student? How can maintaining a healthy balance between Mind, Body, and Spirit help me to reach my goals? Can people experience spirituality in different ways and still find common ground and compassion for others? Come and discuss these questions and more in a relaxed, interactive setting where everyone is welcome.

Paid On-Campus Internships
9am-10am, WUC Columbia Room
WOU offers a number of internship resources and opportunities, including our very own on-campus paid internship program. The WOU Community Internship Program is open to all students and is a perfect way to explore different career options and take a step in your professional adventure while in college. Come meet our staff, learn about the program, and discuss the benefits of pursuing an internship.

World change and waffles – computing for good (No experience required!)
9am-10am, Instructional Technology Center
Computing technology has the potential to help people and change the world for the better. Come learn about how WOU’s two computing majors – Computer Science and Information Systems – harness collaboration and teamwork to teach students how to build computing systems across every discipline on the planet. Oh, and computing jobs pay very well! Second oh: we are also serving waffles.

Choir @ WOU!
9am-10am, WUC Santiam Room
Come learn about the many opportunities to sing in one of WOU’s outstanding choirs! From Concert Choir to Chamber Singers and Western Oregon Voices, there are plenty of ways to stay involved in singing at WOU! Come ask questions, find out about how to join (not all choirs require an audition), audition sign-ups, activities/tours planned for the year, meet our new choral director, Dr. James Reddan, and so much more!!!

How to get Involved in Research and Creative Scholarship and why you should do it in your First Two Years
9am-10am, Ackerman 139
As a small school with a high faculty to student ratio Western offers many opportunities for students to get involved in research. Studies show that getting involved in research in your first or second year of college can improve your grades and increase your chances of completing your chosen major. In this session we are going to answer your questions, beginning with “what is research and creative scholarship?” and “why should I do it now?” and “how hard is it to get a position as an undergraduate researcher with a faculty mentor?” This session is sponsored by Western’s Program for Undergraduate Research Experience (PURE).

The Ultimate Adventure Crew:
Fraternity and Sorority Life
10:15am-11:15am, Ackerman 141
Interested in joining one of WOU’s fraternities and sororities, but not sure how? This session will give you all the answers from current members of Alpha Chi Omega, Kappa Delta Chi, Kappa Sigma, and Omega Delta Phi. Learn how WOU Greek Life gives back to campus and the community, creates life-long friendships, and provides invaluable leadership opportunities!

Abby’s House: A Resource for Any Time
10:15am-11:15am, WUC Calapooia Room
Abby’s House is a resource and referral center available to persons of any gender. Our mission is to provide the WOU community with educational programming, information, and referral services designed to promote equity and non-violence. We embrace a feminist model that empowers all people to actively stand against all forms of violence and hatred. At this session you will visit Abby’s House, meet some of the advocates who work at Abby’s House and find out about our upcoming events and activities. Join us and learn how you can get involved with Abby’s House!

Playing Intramural and Club Sports at WOU
10:15am-11:15am, Hamersly Library 108
Intramural and Club Sports are a great way to meet new people, be active and scratch that competitive itch! Come to this session to learn the difference between Intramural and Club Sports and for information on how to join each.

#WOU
**Tuesday’s Events**

- **Biking at WOU**
  10:15am-11:15am, WUC Columbia Room

Have you heard? Biking is the best way to save money, stay healthy, and have fun! We’ll take a look at how to get started riding, basic maintenance and rules of the road, and resources for biking around WOU. Whether you just want to make a grocery run, or take an all-day excursion, this session will get you rolling. This session is designed for beginning and experienced riders, but experts are also welcome to connect with the riding community and learn about riding in their new home. **This session will be repeated.**

- **Successfully Transitioning to College**
  10:15am-11:15am, WUC Santiam Room

New people, a new school, and lots of responsibility and FREEDOM! Join us to learn what pitfalls to avoid, and about helpful tools to help you make a smooth transition to college- physically, mentally, and socially.

**Highlighted Event**

**ASWOU BBQ**
11:30am-1:30pm, WUC Plaza

Join your Associated Student Government of Western Oregon University (ASWOU), as we kick off the year and welcome you to WOU with a fun social gathering, where you can enjoy a FREE delicious BBQ!

**Taking Care of Your Health & Wellness at WOU**
11:30am-12:30pm, WUC Santiam Room

Come get a tour of our Student Health and Counseling Center! We are here to keep you feeling healthy and productive while you are here at school. This session will introduce you to our services: medical, counseling, Health Promotion and meet some of our staff. This session will introduce our services, inform you on how to access them, and answer any questions you may have. **This session will be repeated.**

- **SPEAK Up!**
  11:30am-12:30pm, WUC Calapooia Room

SPEAK (Student Promoting Equity Activism and Knowledge) is a WOU club that gives students opportunities to become aware of issues related to equity and non-violence (locally and globally), inspire their peers, and change our culture and community for the better - all while having a great time with fantastic people! At this session you will visit with current SPEAK members, and learn how to get involved. **This session will be repeated.**

- **A WOU Adventure … in Kognito**
  11:30am-12:30pm, Hamersly Library 108

Exploring college is exciting and fun, full of opportunities and personal growth. College also presents challenges that students may not be prepared for yet. Be prepared for the WOU Adventure by learning how to manage challenging social situations. Utilizing Kognito, an interactive online simulation program, participants will practice how to interact with someone who may be struggling. Join us as we navigate this WOU Adventure together! **This session will be repeated.**

- **Adventures in Math**
  11:30am-12:30pm, MNB 103

Welcome to the start of a wonderful journey into Mathematics! In this session, we seek to emphasize the role of reasoning, intuition, and imagination in exploring patterns and discovering intriguing principles. We will also examine what the WOU math department and various related WOU clubs have to offer to the budding math voyager. Finally, we will present a senior capstone project summary in topology that showcases what an interested student can look forward to. **This session will be repeated.**

- **Military Science - Army ROTC**
  11:30am-12:30pm, WUC Columbia Room

Expand your WOU adventure by signing up for MS111 this fall! This course focuses on leadership development and learning about the US Army as a profession. You can also learn about the potential of earning a scholarship from the U.S. Army towards your college education.

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**Remember there are sessions being repeated everyday! Check on the page “Daily Sessions” for the complete list!**
Your Greatest Adventure: Getting Involved on Campus
12:45pm-1:45pm, WUC Calapooia Room
College can be an exciting adventure from making new friends to discovering new opportunities. But where do you start? Join us to talk about how to get involved on campus and use OrgSync to help you navigate all the options. We will discuss how to join or start a student club and how to find leadership opportunities or on-campus jobs that add to your WOU adventure and also increase your success as a student!
**This session will be repeated.**

Study Abroad Opportunities
12:45pm, WUC Santiam Room
Study abroad or participate in an international internship or a service learning project and expand your global awareness while earning WOU credits. Choose from over 200 programs around the world. WOU financial aid may be available to help fund your program, and there are many scholarships for which students can apply.
**This session will be repeated.**

Toto, We’re Not in Kansas Anymore
2-4pm, NPE
We are caught in times of political correctness, where “saying” the right things is worlds away from “doing” the right things. Considered one of the most inclusive sessions on diversity, participants will explore race, gender, sexual orientation, age, socio-economic class, religion, ability, and size discrimination in an interactive format. By using this approach, groups can build coalitions—not blame— when they never realized they had so much in common with one another.

How To Get Good Grades
12:45pm-1:45pm, Ackerman 139
This session is designed to provide students will information regarding how to be a successful student during college. Being organized, managing your time, and reducing test anxiety are just a few of the areas discussed in this session. Areas related to academics where students often struggle the most during their first year in college will also be discussed. Lastly, we will review the differences between high school and college and how students can successfully make the academic transition.
**This session will be repeated.**

Go Get a JOB!
12:45pm-1:45pm, WUC Columbia Room
Need a job? Want to gain some experience? How about some extra cash in your pocket? Come find out how to do all of this in one easy session! Learn how to navigate WolfLink, and why it’s important to use your work study award! I can help you become a better employee in one simple session!
**This session will be repeated.**

A Crash Course for WOU’s Research Program
12:45pm-1:45pm, Hamersly Library 108
Academic Excellence Showcase is an annual conference where students in the undergraduate programs on campus participate in research presentations. This session will be an introduction to what showcase is, how to get involved and what type of research you can pursue as you head into your first year of college!
**This session will be repeated.**

From Foster Care to College: Strategies for Success
4:15pm-5:15pm, Ackerman 139
Have you ever experienced foster care? Homelessness? Many students wish to leave these parts of their lives behind yet they often leave significant experiential and knowledge gaps that need to be filled for you to be successful in college. Members of WOU’s Fostering Success initiative will share some of the resources and support services WOU offers for students from foster care backgrounds. Participants will be invited to share some of the questions you have and goals you’d like to achieve while getting their degrees at WOU.

Mandatory Event

Off-Campus Sign-Up for Prof. Chat!
All off-campus students who would like to go to Prof. Chat on Thursday need to email Laura Welch at welchl@wou.edu by 5pm on Tuesday to reserve a spot.
**TUESDAY’S EVENTS**

### Roommates & Relationships
**4:15pm-5:15pm, WUC Calapooia Room**
For many students, living with someone or in a shared community can be a new experience. Know that you are not alone, and that even if your roommate seems different from you, there are many ways to make the relationship work! This presentation will give you tips and tools to open communication, set boundaries for each other, and open up so that this experience can be a great one! You will be meeting so many people throughout your college experience, this session will help the relationships you already have and prepare you for the ones you are about to make.
**This session will be repeated.**

### The 49-minute Budget-Saver
**4:15pm-5:15pm, WUC Columbia Room**
In just 49 minutes, you can plan your finances for the next 4 years. Learn how to get (and keep) the best types of financial aid, how to read your student bill*, and how to plan for all your college expenses from books to burgers. *Bonus points if you bring a copy of your Wolf Web Account Summary.

### Cultural Connections: Keynote & Dinner:
**Success is a Journey, not a Destination**
**5pm-6:30pm, WUC Pacific Room**
Join us for this inspiring story from Tamam Waritu, a graduate from Harvard University. Born in East Africa, Ethiopia, he was unmotivated in school and a troublemaker as a child. Tamam became a statistic, but overcame it to become “one of the most inspiring graduate student on campus” by Harvard Magazine. Now, Tamam has had presentations in multiple schools around the nation as a youth motivational speaker. Do not miss his performance here in Monmouth as he continues his goal of inspiring and empowering young people.

### Hall Government:
**An Adventurous Experience**
**4:15pm-5:15pm, Hamersly Library 108**
Welcome to WOU! Would you like to meet new people and build lifelong friendships? Were you a leader in high school and want to find a way to continue building your leadership skills? Do you love planning events and representing your peers? One of the first challenges of your WOU adventure is meeting new people and finding where you fit in your residence hall community. Visit this session to learn about Hall Government and all of the opportunities it can provide!
**This session will be repeated.**

### Be a Wolf and Lead the Pack
**4:15pm-5:15pm, WUC Santiam Room**
Now that you are part of our wolf pack, the Associated Students of Western Oregon University (ASWOU) is at your service. This informative presentation explains the benefits of involvement, and how to dive into student life. Learn about ASWOU, our internship program, clubs and organizations, leadership development opportunities, and get ideas on how to get involved in fun, meaningful ways at WOU!

### Drive-In Movie & Horseracing
**8:30-11pm, Parking Lot H**
(Pacific Room rain backup)
Bring your blankets and sleeping bags to watch “Incredibles 2”. The movie will be shown on a giant drive-in screen! Come grab some free popcorn from our booths and place your “bets” on video horse-racing!

**Tuesday’s Events**

**9/18 Off-Campus Sign-Up for Prof. Chat!**
All off-campus students who would like to go to Prof. Chat on Thursday need to email Laura Welch at welchl@wou.edu by 5pm on Tuesday to reserve a spot.

**Variety Show Auditions**
**5:30pm-7:30pm, Smith Hall 121**
Have a talent? Like to perform? We’re looking for all acts—single or group! Sign up for your audition in the WUC, through OrgSync, or ask a PLUS Team member how to get signed up. The Variety Show itself will take place on Saturday, Sept. 2nd at 6:00PM in the Pacific Room of the WUC. We can provide a piano, DI boxes, microphones, and all standard sound equipment. We do not have instrumental amps, or a drum kit, so please provide your own equipment if your act requires anything additional. It’s your time to shine! Feel free to email Ellie Oven at oven16@wou.edu or ask your PLUS Team member if you have any questions.
Women in STEM
9am-10am, Ackerman 141
This hands-on, interactive session is open to people of all genders in all majors! We will cover strategies for success for cis women, trans women, and non-gender-binary folks in the Science, Technology, Engineering, and Mathematics (STEM) fields. We’ll also talk about best practices for allies to these communities. Along the way, you’ll hear inspiring stories of women in STEM, and you’ll learn about STEM majors on our campus. We’ll also talk about career paths in STEM after graduation.

Your Greatest Adventure:
Getting Involved on Campus
9am-10am, WUC Calapooia Room
College can be an exciting adventure from making new friends to discovering new opportunities. But where do you start? Join us to talk about how to get involved on campus and use OrgSync to help you navigate all the options. We will discuss how to join or start a student club and how to find leadership opportunities or on-campus jobs that add to your WOU adventure and also increase your success as a student!
**This session will be repeated.**

How To Get Good Grades
9am-10am, WUC Columbia Room
This session is designed to provide students will information regarding how to be a successful student during college. Being organized, managing your time, and reducing test anxiety are just a few of the areas discussed in this session. Areas related to academics where students often struggle the most during their first year in college will also be discussed. Lastly, we will review the differences between high school and college and how students can successfully make the academic transition.
**This session will be repeated.**

Chapstick and Soap:
Preparing for Fall Term
9am-10am, DeVolder Family Science Center
Are you interested in learning more about our science programs at WOU? Come to this introductory soap and chapstick making workshop to learn more about our classes while participating in fun activity. Participants get to keep the soap and chapstick that they make. Class size limited to 24 participants. Pre-registration suggested. Contact Dr. Flatt at email: flattp@wou.edu for registration information.

Staying Balanced at College
9am-10am, WUC Santiam Room
Starting now, your college “Choose Your Own Adventure” has begun. You will be faced with a number of choices about your health, diet, sleep, time management...and it’s all up to you! Our Wellness Educators will help you come up with options and strategies that will assist you in staying healthy and balanced.

SEP TRIO Orientation
10:15am-11:15am, Ackerman 141
Required for students who have been accepted to the Student Enrichment Program - TRIO (SEP). Welcome to the Student Enrichment Program. During this session, we’re going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively.
**This session will be repeated.**

Roommates & Relationships
10:15am-11:15am, WUC Calapooia Room
For many students, living with someone or in a shared community can be a new experience. Know that you are not alone, and that even if your roommate seems different from you, there are many ways to make the relationship work! This presentation will give you tips and tools to open communication, set boundaries for each other, and open up so that this experience can be a great one! You will be meeting so many people throughout your college experience, this session will help the relationships you already have and prepare you for the ones you are about to make.

Whats in Todd Hall Besides a Ghost?
The Research Institute and Real World Work Experience for Students
10:15am-11:15am, Todd Hall 245
For 54 years, The Research Institute (formerly Teaching Research Institute) has been housed on the Western Oregon University campus. Throughout this time, Western students have played a key role through work-study, internships, and as student workers. The purpose of the presentation is to provide an overview of what TRI does and who we are, and then segue into a panel discussion with former student workers to provide insight into what an individual might get out of working with us on campus.
LGBTQ+ Student Orientation
11:30am-12:30pm, WUC Calapooia Room
This session is for lesbian, gay, bisexual, pansexual, trans*, queer, genderqueer, nonbinary, questioning, asexual and straight/cis ally students new to WOU. Join us and meet new people while learning about available resources, helpful hints, and networking on campus. Also be introduced to important campus resources, tools, programs and activities, such as the WOU Safe Zone program, Stonewall Center and Triangle Alliance, as well as to staff, faculty and engaged students.

Maximize your Campus Experience
10:15am-11:15am, WUC Santiam Room
This is a great opportunity for both on campus and commuter students to familiarize themselves with campus dining. You will meet with dining staff, learn about dining locations and menus, how to make the most of your dining dollars, dietary information as well as student employment. You will also get information on our ReWOUsable program and how to be a sustainable diner.

Career Pathways in Natural Resource Management, Environmental Protection and Geospatial Technology
11:30am-12:30pm, Ackerman 139
This session will provide an overview of career pathways in Natural Resource Management, Environmental Protection and Geospatial Technology. Rapidly emerging employment sectors include water resource development, land management, environmental restoration, energy development, and geographic information systems. Join faculty from the Earth Science program for a 1 hour campus field trip to learn more about our local environment and educational opportunities that will lead to well-paying careers in the 21st century marketplace.

How to Overcome Test Anxiety
11:30am-12:30pm, WUC Santiam Room
Classes haven’t even started yet, but are you already worried about taking tests? This session will help you better prepare for tests and provide some tips and techniques to help you be more successful in managing those worries. This a great session to gain some skills to help you with academics and providing new ways of thinking about tests.

**This session will be repeated.**

You Want Me To Read What?
11:30am-12:30pm, WUC Columbia Room
The amount and type of reading you get in college can be overwhelming. Come to this session for some real talk about how to understand the type of reading you’ll be expected to do in many of your classes, and tips for how to read smarter and more efficiently. We’ll talk about what scholarly literature is, why we read it in college, how to read and understand it, and how to use it for your class assignments.

**This session will be repeated.**

Navigating the College Landscape: Using Professional Etiquette
11:30am-12:30pm, Ackerman 141
In this session, you will learn the do’s and don’ts of communication with faculty and staff. What should you say in an email to a professor? What can you ask for, and what should you avoid? How can you get help when you’re confused? What should you do if you’re late or absent? We’ll cover the answers to these questions and more. You’ll get practice writing emails, addressing professors, and reading important documents. We’ll have faculty and staff on hand to answer your questions and provide advice. Remember -- faculty and staff are here for you throughout your adventure at WOU -- you just need to know how to work with them!

Variety Show Auditions
12-1:30pm, Pacific Room/Smith 121
Have a talent? Like to perform? See Tuesdays session with the same name for more details!

**This session will be repeated.**

Going to the Health and Wellness Center?
Don’t forget to grab your student ID card and fill out the Campus Assumption of Risk Form located on your Portal!
Highlighted Events

Tim Mousseau: Reframing the Sexual Assault Conversation
2pm-4pm, NPE Gym
It only took one letter to redefine Tim’s life forever. With a photograph and a few accompanying words, Tim was faced with the evidence of an experience he had no memory of – he discovered he was a victim of sexual assault. Not only did he have to come to grips with this new reality, but he also had to face the nightmare of being stalked and blackmailed. The next two years of his life were a struggle of mixed emotions and coping mechanisms, but over time he came to realize something—this was his story to tell, and by telling it, he could take ownership of it.

Mandatory Event

Cultural Connections MSU BBQ: Take a detour to the MSU BBQ
4pm-6pm, Grove
The Multicultural Student Union is one of the most active and influential student organizations on campus. Whether it is with their Dia de los Muertos event, the Annual Pow-Wow, Out & Proud, Women of Culture Celebration, African American Awareness Celebration or their Nuestra Fiesta Latina program, MSU continues to make significant contributions to the Western Oregon University campus. Join us and enjoy FREE chicken and steak tortas, music, activities, and the opportunity to meet and mingle with the MSU Executive Board and the MCR Mentors!

Highlighted Events

LGBTQ Social Hour
6pm-8pm, WUC Columbia Room
Come meet other Lesbian, Gay, Bisexual, Transgender, and Queer students! There will be activities, light refreshments, and fun people. Hosted by WOU’s LGBT*Q+ student organization: Triangle Alliance.

HWC Open House
7pm-9:30pm, HWC
Interested in Campus Recreation’s Intramurals, Club Sports, Fitness classes, Aquatic Center or Outdoor Rentals and Programs? Have some free time this evening? Grab a friend and come down to the Health and Wellness Center for a quick recreation break. Your WOU Student ID is required to access the facility along with athletic shoes and proper workout attire. Want to sign-up for the Homecoming Powder Puff flag football game or Powder Tuff volleyball game? Don’t miss out on the Zumba Party! You’ve seen the Climbing Wall, now get the chance to see what four stories looks like tied to a rope. Ever played water volleyball? Try it, you might like it. Want to play pickleball, badminton, volleyball we’ve got it! Looking for something else? Stop by the photo booth, play mini games, win prizes, and much more!

Hypnotist: chrisjones.
10pm-11pm, NPE
chrisjones offers a high-energy show that is interactive for both those being hypnotized and those in the audience, and is guaranteed to make you cry from laughing. Oh, and he was on the season premiere of America’s Got Talent this summer!

Want To Learn More About Events On-Campus?
Check out the Orgsync icon located in the top right corner of your Portal for more information about clubs and events on campus!
THURSDAY’S EVENTS

How to Keep Track of Your Entire Life (With Just a Notebook and a Pen)
9am-10am, Campbell Hall 101
“The Bullet Journal is a customizable and forgiving organization system. It can be your to-do list, sketchbook, notebook, and diary, but most likely, it will be all of the above. It will teach you to do more with less.” - Bullet Journal.com. In this session we’ll get into the basics of the bullet journal system to get you ready for the new school year. Get hands on help with finding the best system for you in this completely customizable way to plan and keep track of tasks. - PLEASE BRING A NOTEBOOK AND A PEN OR PENCIL!

Stress & Relaxation
9am-10am, WUC Santiam Room
Are you feeling overwhelmed already? So much information, busy schedules, meeting people, and school hasn’t even started yet. This workshop will help you come up with strategies to help manage your stress levels over the year, and take you through some techniques of relaxation that you may find helpful when you are feeling overwhelmed. Plus you can learn about our new free R&R Room with a massage chair, full spectrum light, and relaxation tools and resources to help you through the year!

Reading, Research, Writing, and ‘Rithmetic
9am-10am, WUC Columbia Room
The library is about more than just books! (Although we have those, too.) Come learn how to get help with your writing, math, or English skills, how we can help with your research papers, how to reserve the perfect study room during finals before everyone else gets to it, how to find a good book to read when you have some downtime, and much more. We’ll play a game (with prizes) and there will be candy! **This session will be repeated.**

Take a Safe Adventure with Public Safety
9am-10am, Hamersly Library 108
This session will introduce new students to Public Safety personal, inform students about that services and programs we offer, as well as provide an inside look to the Public Safety department.

An Adventure Into Masculinity(ies): What Does it Mean at WOU?
9am-10am, WUC Calapooia
Who and what currently defines masculinity? Come listen to and participate in conversations about what masculinity means at WOU. Male-identified students are encouraged to attend, but all are welcome! Who and what currently defines masculinity? Come listen to and participate in conversations about what masculinity means at WOU. Male-identified students are encouraged to attend, but all are welcome!

Explore WOUTV
9am-10am, Instructional Technology Center
Take a tour of Western Oregon University’s Digital Production Services and find out about student employment opportunities with WouTV.

Mandatory Event
Professor Chat
10:15am-12pm, Residence Halls
This is a unique opportunity to meet a Western professor before classes even begin! You will be able to see what faculty members are like outside of the classroom as they share about themselves and what they expect from the students enrolled in their classes. Do not miss your chance to get the inside information about how to succeed academically at Western. Residence hall students should talk to your RA about your meeting time and location.

Any off campus student who would like to participate needs to email Laura Welch at welchl@wou.edu by 5:00pm on Tuesday to reserve a spot.

Get Involved: Hall Government
Want to get involved in the residence halls? Members get to plan programs, advocate for students, and improve campus living. This is a great first step into leadership and resume builder. Many Hall government members go on to be Resident Assistant, RHA Exec members, and student leaders in other WOU departments.
**THURSDAY’S EVENTS**

- **A Crash Course for WOU’s Research Program**
  12:30pm-1:30pm, Hamersly Library 108
  Academic Excellence Showcase is an annual conference where students in the undergraduate programs on campus participate in research presentations. This session will be an introduction to what showcase is, how to get involved and what type of research you can pursue as you head into your first year of college!

- **Be A Traveling Wolf - Study Away in North America**
  12:30pm-1:30pm, WUC Santiam Room
  Are you interested in a low-cost way to study out-of-state and earn WOU academic credit? Come to this session to find out about the National Student Exchange program allows students to study away at another university in the United States, Canada, Puerto Rico, Guam, and US Virgin Islands. Plan to make your resume stand out and make curiosity be your compass!

- **Join Q-Loop! A Student-Led Video Production Group**
  12:30pm-1:30pm, Richard Woodcock Education Center 210
  Q-Loop Productions is a student developed and led video production team within the College of Education. Our goal is to create videos in support of academic programs for faculty and staff using state-of-the-art video production equipment. Come learn about opportunities to join this great team! Open to any major and all skill levels! No experience required!

- **R&R Room Open House**
  12:30pm-2pm, Student Health and Counseling Center
  Rest, Relaxation, Rejuvenation, Reflection, Revival... our brand new R&R room is ready for you to come and unwind in our massage chair, using a full spectrum light, listen to relaxing sounds, music, or mediation. Stop by the Student Health and Counseling Center to make your appointment Tuesday-Thursday, 12:00pm-2:00pm to try out this new service offered to students! Open house appointments are 10 minutes.

- **Honors Program Orientation**
  12:30pm-1:30pm, WUC Willamette Room
  Inaugural meeting for the entire incoming Honors class: meet everyone, get any lingering questions answered, annual overview, schedule changes (if needed), and class photo.

- **Get Involved: Student Activities Board**
  Our bi-weekly meetings on Monday from 4pm-5pm are open to all students. During these meeting you work in committees to plan events, make connections with other students, and help the Executive Board make decision regarding SAB. New Members attend an additional meetings to learn about our organization, how we operate, and hone their event planning skills.
Thursday’s Events

Mandatory Events

Shot of Reality
2pm-3pm, NPE
The perfect way to handle something as serious as alcohol safety is to interject humor blended into the helpful tips that will serve college students well. Shot of Reality has received ample praise for their shows as well as Campus Activities Magazine Reader’s Choice Award “2013 Nominee Best Speaker.” You will get to witness this engaging, improv comedy session that promises to be the most enjoyable way to get educated on alcohol awareness. Presented by the award-winning improve group Mission IMPROVable.

Community Meeting #2
3:30pm-5pm, Residence Halls
This community meeting is an important opportunity to learn more about the residence hall community members you live with. Your RA will also be leading you through everything you need to know about living in a community at Western. This is a REQUIRED meeting for students who live on-campus.

Note: Off Campus students can check out the services and get to know the resources in the Werner Center or check out the great facilities of the Health and Wellness Center.

Highlighted Event

WUC Premiere Night
7pm-9pm, Werner University Center
The Werner University Center’s biggest night is here! Sponsored by Student Engagement, Student Activities Board (SAB), and Residence Hall Association (RHA), get started on your “Adventure in the WUC” - where you can visit each office and department to discover all of the resources and opportunities available in the university center. Visit each office to collect a stamp, once you have all 12 stamps you can turn in your map for Bingo cards and hopefully win some great prizes courtesy of RHA! Bingo will start at 7:30pm and ending at 9:00pm in the WUC Summit. During the evening you’ll be able to sample some food and drinks, engage in some activities like amazing balloon art, get a caricature drawing, or have fun in the photo booth with your new friends from New Student Week.

Magician: Hart Keene
9pm-11pm, WUC Pacific Room
Hart Keene doesn’t just present illusion and mentalism, he brings the experience of wonder and awe to an event. With an engaging personality that will enthral even the most experienced audiences, Hart lights up events with his quick wit, charm, and jaw dropping illusions. You’ve seen Hart on numerous television shows including NBC’s America’s Got Talent!, TNT’s The Librarians, and the CW’s Penn and Teller: Fool Us!

New Student Fee Payment Reminder:
Be sure to pay your Fees at the Cashiers Office in the Administration Building! Be prepared with a photo ID, and avoid a late fee by going today!
FRIDAY'S EVENTS

Mandatory Events

First Year Sunrise Breakfast
6:30am-8am, Football Stadium

Join your peers for this early morning tradition! Watch the sun rise on your WOU experience and reflect on everything you want to accomplish. President Rex Fuller and ASWOU president Evelyn Guzman will be speaking. Enjoy pancakes courtesy of the Vice President of Student Affairs. The traditional signing of the New Student Week will take place immediately after. You wouldn’t want to miss out on these WOU Traditions!

Signing of New Student Week Walk
Following The Sunrise, Church St

Leave your ‘paw print’ - come sign your name on the sidewalk with your fellow wolves! Leave your legacy!

SEP TRIO Orientation
10am-11am, Ackerman 139

Required for students who have been accepted to the Student Enrichment Program - TRIO (SEP). Welcome to the Student Enrichment Program. During this session, we’re going to get to know each other better and learn about how SEP can support you in getting that degree quickly and inexpensively.
**This session will be repeated.**

Student-led Library Tours-
WOU Adventures
10:00am-2:00pm, Hamersly Library

Get the inside scoop on the library and how you can use it to your best advantage during your time at WOU. Tours of the library will be given throughout the week by students who work there.
**This session will be repeated.**

Cultural Connections: Kick-Back Brunch &
Cultural Student Organizations Fair
10am-11:30am, WUC Pacific Room

Come kickback and join us for free brunch (French toast, sausage and more!) and an opportunity to connect with various cultural student organization on campus and those key individuals.

The drawings for the Cultural Connections Program prizes will be at the end of this session

WOLF Ride: WOU Safe Ride Program
10am-11am, WUC Santiam Room

WOLF Ride is a complimentary shuttle service for WOU students who would otherwise walk alone at night. Information about how to use this free service in the Monmouth and Independence area will be presented. Information on other transportation options (UHaulCarShare, and Cherriots Regional 40X) will also be presented.

Earn A Leadership Certificate
10am-11am, WUC Calapooia

Do you want to make the most out of your leadership experiences in college? Make your time at WOU the place you develop into a leader of impact. The Leadership Certificate program is geared towards students who plan on exploring and dedicating time to leadership development at WOU. Come learn how you can intentionally get involved, connect with a campus mentor, and earn the Leadership Certificate.

Highlighted Event

Opportunity Fair
11-2pm, WUC Willamette Room

This fair is a great opportunity to meet with local employers seeking part-time workers, volunteer help, and work study students. Come meet some of the wonderful employers from the local area and find out how you make the most of your opportunities.
Approved for Note Taking Accommodations? Learn how to use our Audio-NoteTaking Software!
11:15 am-12:15 pm, Ackerman 139
Students approved for Sonocent Audio-Note Taking services as an academic accommodation are invited to join Disability Services for a tutorial on how to access and use the Sonocent Audio-Note Taking software and companion app. This session will include tutorials and plenty of time for questions and answers. Students receiving this accommodation will be contacted by Disability Services prior to New Student Week and will be loaned a Sonocent software license. Students can download the software to their personal devices or to a university computer (with advance notice).
**This session will be repeated.**

Advising 101: What To Do When Meeting With Your Advisor
11:15 am-12:15 pm, Ackerman 141
Beginning of your university journey starts with meeting with an Advisor. Because your Advisor will help you explore possible majors that fit your interest and career goals, it is important to meet with them every term. In this session, we will go over the differences between High School Counselors and Academic Advisors, ways to connect with an Advisor, and strategies for preparing for your meeting with your Advisor. How to make the most with meeting your Advisor. After the presentation there will be a question and answer with a panel of advisors from different majors on campus.
**This session will be repeated.**

You Want Me To Read What?
The amount and type of reading you get in college can be overwhelming. Come to this session for some real talk about how to understand the type of reading you’ll be expected to do in many of your classes, and tips for how to read smarter and more efficiently. We’ll talk about what scholarly literature is, why we read it in college, how to read and understand it, and how to use it for your class assignments.
**This session will be repeated.**

The Student Media Experience
11:15 am-12:15 pm, Hamersly Library 108
Did you know that Western boasts a student-run newspaper, literary and arts magazine, and online radio station? Join us as we explore all of the paid and volunteer opportunities WOU Student Media has to offer. From writers and photographers to DJs and promoters, we’re always looking for students who want something more out of their college experience!

Moodle Professor Chat
12:30 pm-1:30 pm, Ackerman 139
This session will feature a Q & A with WOU faculty who teach courses online. This is a great opportunity for students to have a discussion with faculty about expectations and the roles of both student and faculty in an online class. Please bring your questions for our online faculty.

Wolves Vote!
12:30 pm-1:30 pm, WUC Calapooia Room
Voting is important. At ASWOU we believe that using your voice and student power is important. Come learn briefly about the struggles people faced to get us our voting rights and the importance of your vote in not only life but educational settings. Learn how to be a smarter voter on campus and the community as a whole or how to get involved and volunteer to register others to vote with OSA and ASWOU. Every person matters in the voting process.

FYI 101!
12:30 pm-1:30 pm, WUC Columbia Room
This session will provide students with the tools needed to successfully navigate their Wolf Web student account summary and will learn how to sign up for direct deposit. Students will have the opportunity to complete required/optional forms and will be given helpful hints in navigating the financial complexities of higher education.
**This session will be repeated.**

Theatre at WOU
11:15 am-12:15 pm, Rice Auditorium Lobby
Learn about theater productions at WOU, how to participate, how to attend and how to take classes.
FRIDAY'S EVENTS

A WOU Adventure … in Kognito
12:30pm-1:30pm, Hamersly Library 108
Exploring college is exciting and fun, full of opportunities and personal growth. College also presents challenges that students may not be prepared for yet. Be prepared for the WOU Adventure by learning how to manage challenging social situations. Utilizing Kognito, an interactive online simulation program, participants will practice how to interact with someone who may be struggling. Join us as we navigate this WOU Adventure together!
**This session will be repeated.**

Biking at WOU
12:30pm-1:30pm, WUC Santiam Room
Have you heard? Biking is the best way to save money, stay healthy, and have fun! We’ll take a look at how to get started riding, basic maintenance and rules of the road, and resources for biking around WOU. Whether you just want to make a grocery run, or take an all-day excursion, this session will get you rolling. This session is designed for beginning and experienced riders, but experts are also welcome to connect with the riding community and learn about riding in their new home.
**This session will be repeated.**

New Student Week Service Project
1pm-3pm, SLCD Office, WUC 119
Serve alongside WOU students in our local community. This is a great way to meet other new students interested in volunteering. Join other new students as you begin your college experience by giving back to the local Monmouth-Independence community. This opportunity will allow you to meet other new students who also have an interest in serving others. The project will take place on Friday, September 21, from 1:30 p.m. until 4:00 p.m. at the Second Harvest Food Bank and the YWCA. Check in will begin at 1:00 p.m. in the Office of Service Learning and Career Development (WUC 119). The van will leave the WUC no later than 1:30 p.m. Please bring your WOU student I.D., closed toe shoes, clothes that can get dirty, and a water bottle. Please register on WolfLink (through your Portal)!

Learn about the Student Activities Board
1:45pm-2:45pm, Ackerman 139
SAB is a volunteer-based, event planning student organization that puts on high-quality events and activities for all students at WOU. Some of the events we plan include Casino Night, Movie Nights, school-wide giveaways, and Homecoming—just to name a few. Start your WOU Adventure and come learn about some of the amazing events we have planned, get to know our energetic team, and learn how you can become a part of SAB!
**This session will be repeated.**

Study Abroad Opportunities
1:45pm-2:45pm, WUC Calapooia Room
Study abroad or participate in an international internship or a service learning project and expand your global awareness while earning WOU credits. Choose from over 200 programs around the world. WOU financial aid may be available to help fund your program, and there are many scholarships for which students can apply.
**This session will be repeated.**

Reading, Research, Writing, and ‘Rithmetic
1:45pm-2:45pm, WUC Columbia Room
The library is about more than just books! (Although we have those, too.) Come learn how to get help with your writing, math, or English skills, how we can help with your research papers, how to reserve the perfect study room during finals before everyone else gets to it, how to find a good book to read when you have some downtime, and much more. We’ll play a game (with prizes) and there will be candy!
**This session will be repeated.**

Hall Government:
An Adventurous Experience
1:45pm-2:45pm, Hamersly Library 108
Welcome to WOU! Would you like to meet new people and build lifelong friendships? Were you a leader in high school and want to find a way to continue building your leadership skills? Do you love planning events and representing your peers? One of the first challenges of your WOU adventure is meeting new people and finding where you fit in your residence hall community. Visit this session to learn about Hall Government and all of the opportunities it can provide!
**This session will be repeated.**

FRIDAY 9/21

Remember, sign-up for the Portland Zoo Excursion today by 5pm!
Sign-up in the RSC. Payment for the trip is required at time of sign-up.

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FRIDAY'S EVENTS

A WOU Adventure … in Kognito
12:30pm-1:30pm, Hamersly Library 108
Exploring college is exciting and fun, full of opportunities and personal growth. College also presents challenges that students may not be prepared for yet. Be prepared for the WOU Adventure by learning how to manage challenging social situations. Utilizing Kognito, an interactive online simulation program, participants will practice how to interact with someone who may be struggling. Join us as we navigate this WOU Adventure together!
**This session will be repeated.**

Biking at WOU
12:30pm-1:30pm, WUC Santiam Room
Have you heard? Biking is the best way to save money, stay healthy, and have fun! We’ll take a look at how to get started riding, basic maintenance and rules of the road, and resources for biking around WOU. Whether you just want to make a grocery run, or take an all-day excursion, this session will get you rolling. This session is designed for beginning and experienced riders, but experts are also welcome to connect with the riding community and learn about riding in their new home.
**This session will be repeated.**

New Student Week Service Project
1pm-3pm, SLCD Office, WUC 119
Serve alongside WOU students in our local community. This is a great way to meet other new students interested in volunteering. Join other new students as you begin your college experience by giving back to the local Monmouth-Independence community. This opportunity will allow you to meet other new students who also have an interest in serving others. The project will take place on Friday, September 21, from 1:30 p.m. until 4:00 p.m. at the Second Harvest Food Bank and the YWCA. Check in will begin at 1:00 p.m. in the Office of Service Learning and Career Development (WUC 119). The van will leave the WUC no later than 1:30 p.m. Please bring your WOU student I.D., closed toe shoes, clothes that can get dirty, and a water bottle. Please register on WolfLink (through your Portal)!

Learn about the Student Activities Board
1:45pm-2:45pm, Ackerman 139
SAB is a volunteer-based, event planning student organization that puts on high-quality events and activities for all students at WOU. Some of the events we plan include Casino Night, Movie Nights, school-wide giveaways, and Homecoming—just to name a few. Start your WOU Adventure and come learn about some of the amazing events we have planned, get to know our energetic team, and learn how you can become a part of SAB!
**This session will be repeated.**

Study Abroad Opportunities
1:45pm-2:45pm, WUC Calapooia Room
Study abroad or participate in an international internship or a service learning project and expand your global awareness while earning WOU credits. Choose from over 200 programs around the world. WOU financial aid may be available to help fund your program, and there are many scholarships for which students can apply.
**This session will be repeated.**

Reading, Research, Writing, and ‘Rithmetic
1:45pm-2:45pm, WUC Columbia Room
The library is about more than just books! (Although we have those, too.) Come learn how to get help with your writing, math, or English skills, how we can help with your research papers, how to reserve the perfect study room during finals before everyone else gets to it, how to find a good book to read when you have some downtime, and much more. We’ll play a game (with prizes) and there will be candy!
**This session will be repeated.**

Hall Government:
An Adventurous Experience
1:45pm-2:45pm, Hamersly Library 108
Welcome to WOU! Would you like to meet new people and build lifelong friendships? Were you a leader in high school and want to find a way to continue building your leadership skills? Do you love planning events and representing your peers? One of the first challenges of your WOU adventure is meeting new people and finding where you fit in your residence hall community. Visit this session to learn about Hall Government and all of the opportunities it can provide!
**This session will be repeated.**

FRIDAY 9/21

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FRIDAY'S EVENTS

**Highlighted Events**

**Freebie Friday: Trivia**
*2:30pm-4pm, WUC The Summit*

Come play trivia and enjoy some free cookies! Freebie Friday is a program that occurs almost every other Friday in the University Center during the academic year. This twice a month program features free entertainment, free food, and discounts at WUC retail locations. You won’t want to miss a single event! Freebie Fridays are sponsored by Student Engagement, The Wolfstore, Campus Dining, and the Vice President of Student Affairs Office.

**Playing Intramural and Club Sports at WOU**
*1:45pm-2:45pm, Math and Nursing Building*

Intramural and Club Sports are a great way to meet new people, be active and scratch that competitive itch! Come to this session to learn the difference between Intramural and Club Sports and for information on how to join each.

**Variety Show Rehearsal**
*3pm-5pm, WUC Pacific Room*

Today’s rehearsal is mandatory. Equipment that will be provided: microphones, piano, and a DI box (to plug guitars into an amp, etc.). We do not have Mac adapters. Please bring any additional equipment.

**Midnight Movies**
*11:30pm-2am, Independence Theatre*

Bring your WOU ID and $7 cash to get exclusive access to a blockbuster hit of your choice (including 3D)! Movies showing include: *House With A Clock In It’s Wall*, *White Boy Rick*, and *Life Itself*!

Independence Cinemas is located at: 450 S. 2nd Street in Independence.

*Movies are subject to change.

**Wolf Ride shuttle will be available from Parking Lot H near Ackerman**

**Guess Who’s Straight?**
*6:30pm-8pm, WUC Columbia Room*

Come and ask a panel of WOU students questions about anything EXCEPT their sexuality and see if you can pick out who is straight! The Stonewall Center Coordinator will facilitate a discussion on stereotypes and sexuality.

**Freshman Bar: Peer Mentors**
*8pm-11pm, Heritage Ballroom*

This is one party you won’t want to miss! Come join the Peer Mentors in a party to welcome all of the new students to WOU! Don’t miss the free mocktails, beer goggle challenge, dancing, lots of prizes, and tons of fun! You’ll meet new people, bust a move, and maybe even take some information away that will help you when making decisions about alcohol! Bring your Student ID to get in! $3 for off-campus students.

**How to Overcome Test Anxiety**
*1:45pm-2:45pm, WUC Santiam Room*

Classes haven’t even started yet, but are you already worried about taking tests? This session will help you better prepare for tests and provide some tips and techniques to help you be more successful in managing those worries. This a great session to gain some skills to help you with academics and providing new ways of thinking about tests.

**This session will be repeated.**

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**FRIDAY**

9/21
Excursions!
Gather your friends and take part in one of our exciting excursions! Space is limited, so sign up at the Residential Service Center (RSC) ASAP. You must register by 5 pm on Friday; payment for the trips are required at sign up. Sponsored by University Housing Weekend Programming.

Trip Details:
Portland Oregon Zoo & Food Carts
9:00am-5:00pm, $10/person
Meet in Heritage Loop at 8:45am, depart at 9:00am.
We will be checking out the Oregon Zoo in the morning followed by a trip to the Portland Piedmont Station food carts in the afternoon. The trip cost covers admission to the zoo and transportation; make sure to bring extra money for any purchases you will be making at the Zoo and for lunch at the food carts.

Don’t forget to sign up for the Excursion at the RSC by Friday at 5pm!

HWC Open
10am-4pm
Lap Swim
11am-1pm, HWC
NSW Variety Show and Video
6-8:30pm, WUC Pacific Room
The excitement of New Student Week reaches a climax at the annual Variety Show! Come watch your friends, PLUS Team members, and others perform in the biggest talent event of the year! The variety show always promises to be an incredibly fun night, and one that is remembered and applauded throughout the year. There will be all types of performances put on by as diverse manor of students. People performing could be people you already know or a potential classmate, don’t miss out on the opportunity to meet you future friends!

Moonlight Pancakes
9-11:30pm, Valsetz
Come hang out for a delicious late-night pancake snack. We will provide the pancakes and ice cream for you to make a pancake sandwich! Doors open at 9:00pm and are served until 11:30 or while supplies last. Snag yourself a spot in line at Valsetz.

Get Involved: Greek Life
Fraternity and Sorority Life serves to promote the relationships between fraternities and sororities on campus as well as integrate leadership, academic achievement, and service to the campus and the community.

Questions? Contact: fscpresident@wou.edu

#WOUNSW
**Get Involved: ASWOU**

WOU's student government (ASWOU) plays a major role in creating new and exciting opportunities for students, and plays a large part in the school's decision-making process. Multitudes of positions can range from volunteering in committees, interning with the executive cabinet, or becoming an elected official on campus.

**Sunday’s Events**

**Gentle House Community Work Day**

*9am-12pm*

Join us at the Historic Gentle House for our semi-annual Community Work Day! Lunch is on us, following the work day. Come prepared to work in the gardens, no tools or work experience necessary.

**HWC Open: 10am-4pm**

**Open Swim: 11am-1pm, HWC**

**UPCOMING EVENTS**

**WOU Bi-Mart Night**

*Monday 9/26, 9-11pm*

Come to Bi-Mart and participate in WOU Night! There will be a live radio station DJ, GREAT prices just for the night, and free giveaways for WOU Students! Transportation leaving from WUC Plaza (meet there for vans).

**Looking For Wolfies!**

Are you interested in being WOU’s mascot? Apply for this paid position under Student Engagements page on Orgsync. For more information email robertsjr@wou.edu

**Discover Leadership!**

Still looking to get involved on campus, but don’t know how? Apply for Discover Leadership and learn more about how to grow as a leader and learn about all the ways to get involved during your time at WOU! Questions? Contact: eoven16@wou.edu

#HowlAboutIt
**Homecoming 2018**

October 15-20th

Monday 10/15: 2nd Annual Homecoming Carnival  
Paint the Wolf

Tuesday 10/16: Paint the Town Red

Wednesday 10/17: Office Decorating Contest Judging

Friday 10/19: Powerpuff Wolfie Bowl  
Homecoming Court Announcement  
Bonfire Prep Rally

Saturday 10/20: Football Game vs Humboldt State University  
Homecoming Court Royalty Announcement

**Focus On Leadership**

November 3rd  
Register for this event on Orgsync under the Student Engagement Page!

**51st Annual Holiday Tree Lighting**

November 30th 2018

- Enter a float in the annual parade
- Enter the annual Cookie Bake-Off, and vote on the entries
  - Take a picture with Santa
  - Enjoy hot chocolate
- Watch the tree light up with the rest of the Monmouth Community!

**Family Weekend 2019**

February 8-10th  
Early Registration Opens: December 3rd!  
For more information go to wou.edu/familyweekend
The Writing Center
APSC 301
wou.edu/writingcenter
The writing center supports student's development and success as college writers. Peer tutors are available to provide one-on-one assistance with format-specific content as well as provide general writing feedback.

• Come in at any stage of the process: understanding the assignment, brainstorming, outlines, or revision.
• Get help on anything you write: resumes, applications, essays, speech outlines, lab reports, Slideshow presentations, etc.

The Math Center
HL 228
wou.edu/mathcenter
The Math Center is a great place to hang out, do your math homework, and review your math materials. Friendly and experienced math tutors are here to help you! It offers free drop-in tutoring for Math 60, 70, 95, and 100 and 200 level courses. Hours and tutor information are posted online.

• Open the second - tenth week of classes during Fall, Winter, and Spring terms.

The Science Center
HL 124
wou.edu/sciencecenter
Free drop-in tutoring for chemistry, biology, earth science, and physics. At the Science Center you may get help with homework, prepare for tests, and study as an individual or group. All 100-level and 200-level science classes are covered. Hours and tutor information are posted online.

• Open the second - tenth week of classes during Fall, Winter, and Spring terms.
WOLVES UNITE TO SUPPORT OUR TEAMS!
Don’t miss out on these Fall Home Games!

**FOOTBALL**
9/1 - 1:05pm - Angelo State University
9/8 - 1:05pm - Central Washington
9/15 -1:05pm - Azusa Pacific
9/29 - 1:05pm - Simon Fraser
10/20 - 1:05pm - Humbolt State

**WOMEN’S SOCCER**
8/23 - 3pm - Linfield College
9/6 - 3pm - Stanislaus State
9/8 - 11:30am - Academy of Art
9/20 - 3pm - Montana State Billings
9/29 - 11:30am - Western Washington
10/2 - 3:30pm - Concordia University
10/6 - 1pm - Simon Fraser
10/9 - 3pm - Saint Martin’s
10/25 - 3pm - Central Washington

**VOLLEYBALL**
9/4 - 7pm - Concordia University
9/6 - 7pm - Montana State Billings
9/20 - 7pm - Central Washington
9/22 - 2pm - Northwest Nazarene University
10/4 - 7pm - Simon Fraser
10/6 - 7pm - Western Washington
10/11 - 7pm - Saint Martin’s
10/13 - 4pm - Seattle Pacific
10/25 - 7pm - Alaska Anchorage
10/27 - 2pm - Alaska Fairbanks
The mission of the WOLF Ride: WOU’s Safe Ride program is to provide a free and reliable shuttle service to students of Western Oregon University who would otherwise walk alone at night and risk their safety or possible assault. WOLF Ride will provide a safer environment for all students by increasing public awareness of our services and the dangers of assault.

**Announcements:** Service will begin Fall term 2018 on Monday, September 24th. Students can call 503.428.7238 at any time to request a ride between the hours of 5:00pm and 12:00pm, Monday through Sunday. Ride requests are taken on a first come, first served basis (there is no “route”). This service is only offered to WOU Students, and is not to be used as a designated driver service. There is only one van. WOLF Ride is equipped with a wheelchair lift. If you have questions regarding the WOLF Ride program (no ride requests), please call the Office of the Vice President for Student Affairs at 503.838.8221.

If you call prior to operating hours or the driver cannot take your call, please leave a message on the voicemail stating the following:

- **Your name**
- **Location and destination at which you would like to be picked up/dropped off**
- **The time you would like to be picked up**
- **A number at which you can be reached (the driver will call to confirm your ride upon receipt of the message)**

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**PUBLIC SAFETY ESCORT SERVICE**

503-838-8481

24/7, Anytime, Anyday

Western Oregon University Campus Public Safety offers a safety escort program for all staff, faculty, students, and University guests. If at any point you feel unsafe while on campus and would like a Public Safety Officer to escort you from one on-campus location to another (the safety escort can only be performed within the geographical boundary of WOU), please call (503) 838-8481. When you call, please have the following information ready and available:

- **Your name**
- **A phone number to contact you at**
- **The location that you would like the officer to meet you**
- **The location that you would like the officer to escort you to**
CULTURAL CONNECTIONS PROGRAM

Want to increase your chances to win prizes?

By attending one or more Cultural Connections session, you could win another BIG PRIZE!

Cultural Connections Program:

This free program coordinated through the Multicultural Student Services & Programs Office is designed to provide an orientation opportunity for first generation, ethnic and/or culturally diverse students. Everyone is welcome to attend, but please note that some of the sessions require an RSVP.

NOTE: NOTE: Diversity Scholars (receptions of the Diversity Commitment Scholarship, David S. Brody Scholarship, and Bilingual Teacher Scholarship) are required to attend.

You will have a chance to meet WOU staff members and current students that are excited to work with you and share information about programs and leadership opportunities on campus that will be useful to you in your transition to Western Oregon University.

If you have not already registered for this program or to reserve a ticket for the Kick-Off Event or the Kickback Brunch, contact us today at: mssp@wou.edu or 503-838-8737!

There are two ways to WIN PRIZES:

• Attend all 5 Cultural Connections Sessions and be present for the drawing at the Friday session. There is one session each day, starting with the Kick-Off session on Monday, September 17th, which you must be present for to win the Big Prize: Apple AirPods.

• Attend at least one Cultural Connections Session (Monday-Thursday) and be present for the drawing at the Friday session for a chance to win a: $25 Gift Card to Dutch Bros.

NOTE: You must attend and be present at the final session (the Kickback Brunch on Friday, Sept. 21st from 10:00-11:30am) to be eligible to win either prize.
Turn the page to find your “WOU-Adventure Passport”

How the “WOU-Adventure Passport” card works:

1. Make sure you put your Name, Email, Building, and RA’s name on this page in the space provided. If you live off-campus, please put your phone number.

2. Check your New Student Week Program Guide and look for “WOU-Adventure Passport” sessions, marked with the pin drop icon as seen at the top of the page.

3. Attend these sessions and take your “WOU-Adventure Passport” (this page) with you! A PLUS Team member will punch your “Passport” at the end of each session.

4. Turn your “WOU-Adventure Passport” card into the WUC Information Desk OR the Residential Service Center Drop Box by FRIDAY 9/21 at 5:00pm

5. Come to the New Student Week Variety Show on Saturday 9/22 at 6pm in the WUC Pacific Room. Prizes will be awarded to the individuals who have the most punches! (There are also chances to win other prizes too!)
WELCOME TO YOUR: WOU ADVENTURE!

THIS PASSPORT BELONGS TO:

Name: _________________________

WOU Email: ____________________

Building/RA: ____________________

Phone: _________________________

Turn this page into the Plus Info Desk OR the RSC to win!