

Study Skills by Learning Style

Visual Learner	Auditory Learner	Kinesthetic Learner
Note Taking	Note Taking	Note Taking
<ul style="list-style-type: none"> ★ Sit in the front of the room ★ Sit away from any windows ★ Ask for graphs and charts to help remember main concepts ★ Request written instructions ★ Reword notes into charts and graphs 	<ul style="list-style-type: none"> ★ Sit close to the speaker ★ Repeat important quotes quietly ★ Listen for specific information – don't let note taking interfere with listening ★ Use a tape recorder when appropriate. Listen to tapes and use them to update notes ★ Participate in class discussions 	<ul style="list-style-type: none"> ★ Keep moving – move during lecture as much as the situation allows ★ Raise your hand and volunteer to answer questions frequently ★ Take copious notes ★ Recopy and condense notes ★ Participate in class discussions
Reading	Reading	Reading
<ul style="list-style-type: none"> ★ Survey text by looking at visual aids (pictures, graphs, and charts) before you start to read ★ As you read make a visual map of key headings and concepts ★ Make charts and schematics of difficult concepts 	<ul style="list-style-type: none"> ★ Survey by reading chapter headings and asking survey questions aloud ★ Try reading difficult sections aloud ★ Summarize aloud immediately after reading a paragraph or section 	<ul style="list-style-type: none"> ★ Survey by writing preview questions and answers. Write as you review ★ Use workbooks and computer whenever possible ★ Try to write a summary after a difficult paragraph or section
Exam Preparation	Exam Preparation	Exam Preparation
<ul style="list-style-type: none"> ★ Use visual images to remember main points ★ Use flashcards ★ Check library for films and visual aids pertaining to your subject matter 	<ul style="list-style-type: none"> ★ Read important notes or reading material out loud ★ Record and listen to vocabulary for each day's lesson ★ Talks about what you've learned. Participate in study groups or tell a friend 	<ul style="list-style-type: none"> ★ Participate in labs and field work ★ Use equipment, tools, models etc of a subject area as frequently as possible ★ Seek on-the-job training, field work etc that allows you to become physically involved in your study area
Taking Tests	Taking Tests	Taking Tests
<ul style="list-style-type: none"> ★ Request written instructions if none are provided ★ Draw charts, maps etc to help recall information 	<ul style="list-style-type: none"> ★ Listen for verbal instructions ★ Repeat instructions quietly to yourself 	<ul style="list-style-type: none"> ★ Position yourself so that you have plenty of room to move ★ To aid recall in an exam, try moving in your chair and/or feel yourself doing a procedure