

Overview of Western Oregon University-Talmadge Middle School Mentor Program

As a mentor, you will be matched with a Talmadge middle school student (grades 6- 8) who is experiencing personal, social, and academic challenges. The mentor will develop a trust relationship and help the mentee develop skills for academic success, problem solving, emotional and social growth. Mentors are positive role models, good-listeners, advocates and guides.

Mentors are required to participate in the program by enrolling in Psy 410 Mentoring I for Winter term AND Psy 411 Mentoring II for Spring terms.

Beginning in Winter term, mentors schedule regular meetings with mentees for 4 hours per week at Talmadge middle school in Independence, Oregon. All mentoring takes place at Talmadge middle school and is scheduled after school starting at 3:00 pm. You are responsible for establishing and maintaining a regular mentoring schedule with your mentee. In addition, mentors are required to attend regular mentor meetings throughout Winter and Spring terms. Mentor meetings are scheduled once every two weeks. During these meetings we will discuss mentoring issues and current research on mentoring.

Requirements for Western Oregon University Mentors

FALL TERM (Before mentoring begins)

- Submit application for mentoring program
- Application to mentoring is accepted
- Register for Psy 410 Mentoring I for 4 credits (Pass/No Credit: Note this course can not be applied to Psy major or minor but CAN count for free electives towards graduation)
- Criminal Background Check completed and approved
- Attend tour of Talmadge at end of Fall term (date/time tba)
- Observe at Talmadge at end of Fall term (date/time tba)
- Meet mentee and establish schedule to begin in January (if possible)

WINTER TERM

- Attend Mentor training sessions scheduled at the beginning of Winter term (date/time tba)
- Meet mentee and establish schedule (if not already)
- Meet with mentee's teacher(s) and establish method of communication
- Meet with mentee's parent(s)/guardian(s) and establish method of communication
- Meet with mentee 4 hours per week at Talmadge middle school.
- Follow established mentoring guidelines presented in training session
- Follow rules of Talmadge Middle School
- Attend all mentoring meetings scheduled approximately once every two weeks.
- Keep a weekly journal and time card to document concerns, questions, experiences and hours mentoring.
- Complete and submit mentoring assignments provided in monthly meetings
- Discuss research related to mentoring to present at monthly meetings

SPRING TERM

Participation in the mentoring program involves continuation of mentoring spring term. Requirements for Spring term are similar to those for Winter and will be provided at the beginning of that quarter. You will enroll in Psy 411 Mentoring II for 4 credits. **Psy 411 class can be applied to the Psychology major or minor.**

**Detach this sheet from the application.
Keep this sheet, turn in application.**

APPLICATION FOR WOU-TALMADGE MIDDLE SCHOOL MENTOR PROGRAM

Psychology Division
Western Oregon University

What we look for in mentors: We look for students who are dependable, mature, confident, and who are good-listeners. Since mentors serve as positive role models for at-risk adolescents, it is important that individuals selected for the mentoring program model appropriate behaviors (i.e. hard working and reliable) while also refraining from other activities (i.e., substance use) that may encourage youth to adopt unhealthy behaviors.

Please Print Clearly

Name: _____

Address: _____

Phone: _____ Email: _____*

*(notification of acceptance to mentor program will be provided via email, so please print clearly and provide an address that you check regularly)

Expected Date of graduation: _____

Major: _____ Minor: _____ Cumulative GPA: _____

Psychology courses completed: _____

Why do you think that you would be an effective mentor? _____

Briefly describe any experience you may have working with adolescents: _____

Briefly describe any experience you may have in helping roles or occupations: _____

What do you believe are your strengths? _____

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Briefly describe any experience you may have working with people from diverse socioeconomic and cultural backgrounds:

Briefly describe any additional skills or interests that you might like to share with a mentee (i.e., foreign language skills, sports, art, music, etc.)

Please list one Psychology Professor at WOU who knows you well enough to recommend you for this program _____* if you are not sure if the professor knows you well enough to recommend you, ask the professor first.

Please read initial each of the following before submitting your application:

Mentor's initials

1. I am willing to undergo a standard police criminal background check _____
2. I understand that all mentoring will take place at Talmadge Middle School Monday- Friday hours scheduled after-school _____
3. I understand that I am required to attend and participate in all mentor meetings _____
4. I understand that mentoring involves registering for Psy 410 Mentoring I Winter term and Psy 411 Mentoring II Spring term. I know that I am required to participate in the program for both Winter and Spring terms _____

Signature

Date

COMPLETE AND RETURN TO THE TODD 325