

CURRENT SELECTIONS AT VALSETZ

WEEKLY ONLINE MENU

VALSETZ

April 14th - 20th, 2019



Campus Dining

Items below will be served all weekdays

BREAKFAST

GRILL

Monday:

Chocolate Chip Pancakes

Tuesday:

Breakfast Fried Rice

Wednesday:

Chicken Fried Steak

Thursday:

Breakfast Enchilada

Friday:

French Toast Sticks

VEGAN & GLUTEN FREE FRIENDLY STATION:

Oatmeal Bar

Acai Bowl

LUNCH

SENSIBLE FOOD:

Monday & Wednesday

Pesto Chicken, Roasted Vegetables, Pita Chips

Tuesday & Thursday

Hot Beef Sandwich, Beef Gravy, Steamed Red Potatoes, Baby Carrots

SPOTLIGHT:

Shoy U Chicken

PASTA BAR:

Rotini Pasta, Marinara or Pesto Alfredo Sauce and Bread sticks WITH:

M, W, F:

Chicken

Tuesday & Thursday

Meatballs

VEGAN & GFF STATION:

ACAI Bowls

WOK: Curry/Pho

DINNER

SENSIBLE FOOD:

Monday and Wednesday

General Tao's Chicken, Sticky Rice, Stir Fry Vegetables, Vegetarian Egg Roll

Tuesday and Thursday

Pork Cha Su Bao, Chicken Siew Mai, Vegetarian Fried Rice

SPOTLIGHT:

Monday - Thursday

Nacho or Burrito Bar with Beef & Latin Chicken

Friday: Top Sirloin Steak, Chicken Wings, Mozzarella Sticks, Onion Rings

ROTISSERIE DINNER:

M, W, F:

Garlic Herb Chicken

Tuesday & Thursday

Soy Ginger Chicken

WOK: Stir Fry

PASTA BAR:

M, W, F:

Meatballs

Tuesday & Thursday

Chicken

VEGAN & GFF STATION:

Vegan Pasta Toss

ALL DAY

GRILL:

Chili Dog, Grilled Rachel, French Fries, Tater Tots

SOUP:

Monday:

Beef Barley & Corn Chowder

Tuesday:

Roasted Chicken & Vegetarian Chili

Wednesday:

Minestrone & Baked Potato Soup

Thursday:

Chicken & Dumpling & Tomato Florentine

Friday:

Clam Chowder & Normandy Cheddar

WAFFLE BAR:

All Day

Items below will be served on the weekend

SATURDAY MENU 4 / 20

BRUNCH:

Cream of Rice & Buttermilk Pancakes

WOK: Ramen

WAFFLE BAR: All day

GRILL: Chili Dog, Grilled Rachel, French Fries, Tater Tots

SOUP OF THE DAY

DINNER:

WOK: Stir Fry

SUNDAY MENU 4 / 14

WOK: Ramen

WAFFLE BAR: All Day

GRILL: Chili Dog, Grilled Rachel, French Fries, Tater Tots

SOUP OF THE DAY

DINNER:

WOK: Stir Fry

WEEKDAY HOURS: BREAKFAST: 7-9:30, LUNCH: 11:00 - 2:00, DINNER: 5 - 8:00 | WEEKEND HOURS: BREAKFAST: 9:00 - 2:00, BRUNCH : 10:00 - 2:00, GRILL: 4:00 - 7:00

PLEASE SCROLL TO SEE THE MENU FOR NEXT WEEK

Campus
Dining

Items below will be served all weekdays

BREAKFAST

GRILL

Monday:

Confetti Pancakes

Tuesday:

Breakfast Fried Rice

Wednesday:

Chocolate French Toast

Thursday:

Chicken Fried Steak

Friday:

French Toast Sticks

**VEGAN & GLUTEN
FREE FRIENDLY
STATION:**

Oatmeal Bar

Acai Bowl

LUNCH

SENSIBLE FOOD:

Mon, Wed & Fri:Pulled Chicken & Pork
Sandwiches, Vegan Baked
Beans, Corn Cobettes**Tuesday & Thursday:**

Taco Bowl, Beef Taco Salad

SPOTLIGHT:

Thai Beef

PASTA BAR:

Rotini Pasta, Marinara or
Creole Sauce and Bread
sticks WITH:**M, W, F:**

Andouille Sausage

Tuesday & Thursday

Chicken

VEGAN & GFF

STATION: Acai Bowls

WOK: Curry/Pho

DINNER

SENSIBLE FOOD:

Monday & Wednesday:Huli Huli Chicken, Citrus Miso
Tofu, Sticky Rice, Stir Fry
Vegetables**Tuesday & Thursday:**Kalua Pork, Vegan Chicken,
Yakisoba, Broccoli

SPOTLIGHT:

Monday - ThursdayNacho & Burrito Bar With
Chicken & Beef Fajita

FRIDAY GRILL

Top Sirloin Steak, Top & Tails,
Onion Rings

ROTISSERIE DINNER:

M, W, F:

Carved Ham

Tuesday & Thursday

Citrus Chicken

WOK: Stir Fry

PASTA BAR:

M, W, F:

Chicken

Tuesday & Thursday

Andouille Sausage

VEGAN & GFF STATION:

Vegan Ramen Bar

ALL DAY

GRILL:

Chicken Malibu, Beef
Taquitos, Curly Fries,
Tater Tots

SOUP:

Monday:Black Bean Soup &
Roasted Chicken**Tuesday:**Chicken Tortilla &
Garden Vegetable**Wednesday:**Valsetz Meat Chili &
Tomato Florentine**Thursday:**Chicken Rice Soup &
Normandy Cheddar**Friday:**Clam Chowder &
Soup RatatouilleItems below will be served
on the weekend

SATURDAY 4/27

BRUNCH:

Cream of Wheat &
Pancakes

WOK: Ramen Bar

WAFFLE BAR: All day

GRILL: Chicken Malibu,
Beef Taquitos, Curly Fries,
Tater Tots

SOUP OF THE DAY

DINNER:

WOK: Stir Fry

SUNDAY 4/21

BRUNCH:

Cream of Rice &
French Toast

WOK: Ramen Bar

WAFFLE BAR: All day

GRILL: Chicken Malibu,
Beef Taquitos, Curly
Fries, Tater Tots

SOUP OF THE DAY

DINNER:

WOK: Stir Fry