

WOU Peer Mentor Program Description, Expectations, and Requirements

We are pleased that you have decided to apply for Peer Mentoring. This letter will explain more about the Peer Mentor Program here at WOU, what is expected of mentors, and what the selection process will be like.

If you are looking for a unique and personal leadership position, the WOU Peer Mentor Program may be the right fit for you. This is a paid student leadership position that is designed to create a team of students who work together to help students transition to college, while empowering and encouraging them to make healthy decisions for themselves. This program provides life changing experiences and an opportunity to impact residents in a positive way.

The Peer Mentor program was designed to aide new students in the residence halls with the transition to college. To help ease this transition, mentors work directly in the first-year student communities, offering support and resources. Mentors and RAs also work closely together in planning community events, developing personal relationships, and supporting their first year community.

Additionally the Peer Mentor team provide a variety of educational based programs, materials, and services to help educate students about health topics you think are important. As a Peer Mentor, you and your fellow mentors run the show: We have very few set programs, so mentors get to decide what they feel is relevant for that year, the current students, and the social climate at Western. We aim to enable students to make healthy choices for their lifestyles, not our own personal agendas or beliefs.

So what will be expected of you? Here are the basic requirements of all Peer Mentors:

- Attend Spring 2018 Peer Mentor Class (3 hour weekly class, Wednesday 3-6pm)
- Maintain a university standard Leadership GPA of 2.25
- Return to school early in the fall for training ,and New Student Week
- Attend weekly PM Meeting (2 hours per week)
- Hold office hour(s) every week (3 hours per week)
- Each mentor plans 1 program with their RA, and 1 Wellness program for their hall per term
- Attend in-service training (once a month)
- Attend all programs and functions created by Peer Mentors
- Attend any additional in-service/training
- Be responsible, punctual and open to new ideas!
- Act as a positive role model for the students and community of WOU

The Peer Mentor position formally begins in September with Fall Training and runs through the end of the academic year in June. **Each mentor will earn an educational stipend of \$185.00 per month.**

If you have any questions or would like more information feel free to contact Pam Medzegian (Program Advisor) at 838-8791 or medzegip@wou.edu