
Peggy J. Pedersen

Division of Health & Physical Education
Western Oregon University
345 North Monmouth Avenue
Monmouth, OR 97361
503-838-8269
pedersep@wou.edu

PROFESSIONAL PREPARATION

- Ph.D.** Public Health, Health Education, 1995
Oregon State University, Corvallis, Oregon
- M.S.** Health and Physical Education, Athletic Training, 1982
Montana State University, Bozeman, Montana
- B.S.** Health Education 1980
Valley City State University, Valley City, North Dakota
- C.H.E.S.** Certified Health Education Specialist, 1992

PROFESSIONAL EXPERIENCE

Sept 2008-present

Associate Professor and Chair
Division of Health and Physical Education
Western Oregon University, Monmouth, OR

Sept 2004-present

Assistant Professor, Division of Health and Physical Education
Western Oregon University, Monmouth, OR

- Instructional responsibilities for graduate and undergraduate courses in health education
 - HE 351 School Health Programs: Elementary
 - HE 367 Human Sexuality
 - HE 385 Foundations of Health Education
 - HE 391 Stress Management
 - HE 445/545 Best Practice in ATOD and Sexuality Education
 - HE 496 School Health Programs: Methods and Materials
 - HE 612 Advanced Topics in Health Promotion: Obesity Prevention & Intervention
- Service on department, college, and university committees
- Undergraduate student advisement
- Research consistent with academic training and interests

Sept 2000-June 2004

Assistant Professor (non-tenure line), Department of Public Health
Oregon State University, Corvallis, OR

- Instructional responsibilities for graduate and undergraduate courses in health education
 - H 256 History, Theory and Practice in Health Promotion and Education

H 461/561 Sexuality: A Health Science Perspective
H 473/573 Stress and Health: Controlling Individual and Environmental Hazards
H 475 Evaluation of Health Promotion and Education Programs
H 576 Program Planning and Proposal Writing in Health and Human Services
H 591 Issues and Research in Addictive Behaviors
H 612 Seminar: Foundations of Health Education and Promotion

- Service on department, college, and university committees
- Graduate student advisement and thesis committee work
- Research consistent with academic training and interests

January 2001-June 2003

**Oregon Master of Public Health (MPH) Program Director
Oregon State University, Corvallis, OR**

The Oregon MPH Program is a collaborative degree program between Oregon State University, Oregon Health & Science University, and Portland State University accredited by the Council on Education for Public Health (CEPH).

- Planned and coordinated the activities of the Coordinating Council and the Academic Program Committee
- Maintained the official records for the Oregon MPH Program
- Authored the self-study and managed the accreditation process
- Managed the day-to-day operations of the Oregon MPH Program
- Supervised the Oregon MPH Graduate Research Assistant

1995-2000

**Assistant Professor, Director of Health Education
Department of Counseling, Adult and Health Education
Northern Illinois University, DeKalb, IL**

- Responsible for leadership and transition of the health education undergraduate and graduate programs.
 - Preparation of AAHE/NCATE folio for undergraduate program accreditation
 - Development of new M.S. Ed. in Health Education
 - Course scheduling for health education faculty
 - Chair, Health Studies Committee and Health Education Advisory Council
 - Program marketing and recruitment
 - Program evaluation
- Instructional responsibilities for graduate and undergraduate courses in health education. Courses taught: Health Psychology, Violence Prevention, Mental and Emotional Health, Human Sexuality, Stress Management, Introduction to Health Education, Contemporary Health Concepts
- Graduate student program advisement and thesis committee work
- Service on department, college, and university committees
- Research consistent with academic training and interests

1994-1995

**Adjunct Instructor of Health Education, Department of Health and Human Performance
Central Oregon Community College, Bend, OR**

- Academic advising for pre-physical therapy and health education students.
- Instructional responsibilities: Drug Use and Abuse, Human Sexuality, Personal Health, First Aid and CPR, Weight Management, Health and Fitness for Life.

1990-1993

**Graduate Teaching Assistant, Department of Public Health
Oregon State University, Corvallis, OR**

- Courses taught: Advanced First Aid and CPR (lab and lecture), AIDS and Sexually Transmitted Diseases, Lifetime Fitness for Health (lab), Planning Health Programs (lab)

1990

**Alternative Education Program Aide, Family and Children's Center
LaCrosse, WI**

- Academic tutoring with emotionally disturbed clients aged 13-18
- Behavior modification programming
- Data collection

1989

**Vocational Rehabilitation Program Aide
Northern Wisconsin Center for the Developmentally Disabled
Chippewa Falls, WI**

- Behavioral programming in the Intensive Treatment Program (ITP)
- Data collection
- Evaluation of Plans of Care

1985-1988

**Instructor and Head Athletic Trainer, University of Wisconsin-Eau Claire
Eau Claire, WI**

- Care and prevention of injuries for eighteen varsity sport teams
- Administration of athletic training resources including budgeting, ordering and inventory; design of new athletic training treatment facility
- Screening, scheduling, clinical education, and record keeping for student interns
- Instructor of sports medicine course work

1982-1985

**Instructor of Health Education, Department of Health and Physical Education
Montana State University, Bozeman, MT**

- Instructor of undergraduate health education course work and graduate sports medicine course work
- Academic advisor for pre-physical therapy and sports medicine students
- Service on department and university committees
- Thesis committee work

PROFESSIONAL ORGANIZATIONS AND CERTIFICATIONS

A.S.H.A.	American School Health Association
A.A.H.P.E.R.D.	American Alliance for Health, Physical Education, Recreation and Dance
A.A.H.E.	American Association for Health Education
A.P.H.A.	American Public Health Association

Certified Health Education Specialist, C.H.E.S. # 3612

AWARDS

2004 Top Prof Award, Mortar Board National Honor Society
Oregon State University

PUBLISHED WORKS

Book Chapters:

Pedersen, P. J. (2005). Healthy Relationships and Sexuality: Making Commitments. In *Health: The Basics*, (7th ed). Redlands, CA: Benjamin Cummings.

Pedersen, P. J. (2000). Sexuality: Defining your sexual behavior. In *Access to Health*, (6th ed). Boston: Allyn & Bacon.

Instructor's Guide:

Pedersen, P. J. & Shaw, J. M. (1998). *Instructor's guide and test bank for Wellness: Choices for Health and Fitness* (2nd ed). Belmont, CA: Wadsworth Publishing Company.

Pedersen, P. J. & Shaw, J. M. (1994). *Instructor's Guide and test bank for Wellness: Choices for Health and Fitness*, Redwood City, CA: Benjamin/Cummings Publishing Company,

Refereed Published Abstracts:

Pedersen, P. J. (1997). The impact of alcohol advertising in a student newspaper on college students' drinking behaviors. *American Public Health Association Abstracts*, 3230, 393.

Pedersen, P. J. (1996). The false consensus effect in estimates of safe and unsafe sexual practices. *Research Quarterly for Exercise and Sport*, 67 (Suppl.1), A-54.

Refereed Articles:

Pedersen, P. J., & Ketcham, P. A. Exploring the climate for overweight/obese students in a student health setting. *JACH* (in press).

Pedersen, P. J. (2002). The influence of alcohol advertising on students' drinking behaviors. *NASPA Journal*, 40 (1), Article 2. Retrieved from <http://publications.naspa.org/naspajournal/vol40/iss1/art2>.

Pedersen, P. J. (1998). Examining the origin and impact of lifestyle habits. In D. Champeau (Ed.). *Great Ideas in Teaching Health*. Needham Heights, MA: Allyn & Bacon.

Pedersen, P. J. (1986). The grief response and injury: A special challenge for athletes and athletic trainers. *Athletic Training*, 21 (4), 312-314.

Technical and Research Reports:

Pedersen, P. J. (2007). *American College Health Association-National College Health Assessment Survey: Executive Summary and Final Report*. Monmouth, OR: Western Oregon University.

Contributed Articles:

Pedersen, P. J. (2002, March). Predisposing, enabling and reinforcing factors in health behavior. *Nutrition and Health a la Carte*, 25, 1-3.

Pedersen, P. J. (2001, November). Getting "in gear" for behavior change. *Nutrition and Health a la Carte*, 24, unnumbered 3 page attachment.

Pedersen, P. J. (2001, August). The gift of theory. *Nutrition and Health a la Carte*, 23, 3.

Rabak-Wagner, J., **Pedersen, P. J.**, & Conklin, S. (December, 1999). Thoughts on the health of school aged children in the new millennium. *Healthlines*, p.11.

GRANTS

Pedersen, P. J. (2006). "National College Health Assessment Administration". Oregon Campus and Community Coalition to Reduce Underage Drinking. Funded \$580.

Pedersen, P. J. (2005). "Health-Related Quality of Life in 5th Grade Students: Does Obesity Matter?" Western Oregon University Category III Faculty Development Award. Funded \$2000.

Pedersen, P. J. (2003). "Assessing School Climate for Overweight Youth" Proposal submitted to the National Institute of Child Health and Human Development Small Grant Research Program, National Institutes of Health, Bethesda, MD. \$100,000. Not funded.

Pedersen, P. J. (2001). "The Health Outreach Program (HOP)", Extension Strategic Investment Program, Extension Administration, Oregon State University. \$220,325 Funding rescinded, state budget crisis.

Rabak-Wagener, R. & **Pedersen, P. J.** (1998). "Northern Illinois University Health Education Program Assessment Grant", Office of the Provost. Funded \$3860.

Pedersen, P. J. (1997). "Visual Literacy Resource Materials for PHHE 206 and PHED 100", Summer Project for the Improvement of Undergraduate Education (CIUE), Northern Illinois University. Funded, \$3750.

Pedersen, P. J. (1997). "Perceived Influence of Alcohol Advertising on NIU Students' Drinking Patterns", Graduate School Fund for Faculty Research and Artistry, Northern Illinois University. Funded, \$5500 (31 of 134 proposals funded).

Pedersen, P. J. (1994). "Lifestyle Assessment Tools", Program for Excellence in Teaching (P.E.T.) Proposal, Central Oregon Community College. Funded, \$750.

REFEREED PRESENTATIONS

Little, T., **Pedersen, P. J.**, & Henderson, J. (April, 2008). *Students Perspectives of Teen Pregnancy in Sweet Home, Oregon*. Paper presented at Adolescent Sexuality Conference, Seaside, Oregon.

Parker, J. & **Pedersen, P. J.** (2006, April). *How we talk about fat in health education*. Paper presented at the Illinois School Health Association (ISHA)/Illinois Society of Public Health Education (ISOPHE) annual state conference, Utica, IL.

Parker, J., **Pedersen, P. J.** & McConnell (2005, April). *Let's talk about fat....* Paper presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Chicago, IL.

Pedersen, P. J., Ketcham, P. L., Sather, A., & Oswald, K. (2003, May). *Assessing the climate for overweight/obese students in a student health setting*. Poster session presented at the American College Health Association (ACHA) Annual Meeting, Miami Beach, FL.

Parker, J., LaCursia, N. & **Pedersen, P. J.** (2003, April). *Balancing the scales: Coordinating a comprehensive approach to obesity in schools*. Paper presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Philadelphia, PA.

Rabak-Wagener, J., **Pedersen, P. J.** & Parker, J. (1999, April). *Fat phobia, victim blaming, and pre-service educators*. Paper presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Boston, MA.

Ketcham, P. L., Donatelle, R. J. & **Pedersen, P. J.** (1999, November). *The relationship between gender identity, gender ideology, drinking motivations and binge drinking*. Poster session presented at the annual meeting of the American Public Health Association (APHA), Chicago, IL.

Pedersen, P. J. (1997, November). *The impact of alcohol advertising in a student newspaper on college students' drinking behaviors*. Paper presented at the annual meeting of the American Public Health Association (APHA), Indianapolis, IN.

Pedersen, P. J. (1996, April). *The false consensus effect in estimates of safe and unsafe sexual practices*. Poster session presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Atlanta, GA.

Pedersen, P. J. (1996, October). *Health behavior change: A 5-speed or an automatic*. Paper presented at the annual meeting of the North Central College Health Association (NCCHA), Iowa City.

Pedersen, P. J. (1996, November). *Killing them softly with content*. Paper presented at the annual meeting of the Illinois Association for Health, Physical Education, Recreation and Dance (IAPHERD), Peoria, IL.

Pedersen, P. J. (1995, February). *The false consensus effect in estimates of safe and unsafe sexual practices*. Poster presented at the I.S.A.E. 8th International Conference on AIDS Education and the 7th National HIV/AIDS Update Conference, San Francisco, CA.

Pedersen, P. J. (1995, November). *College students' estimations of consensus for safe and unsafe sexual behaviors*. Paper presented at the annual meeting of the Mid-America College Health Association (MACHA), DeKalb, IL.

Invited Professional Presentations:

Pedersen, P. J. (October, 2007). *Perceptions of Obesity among Pre-Service Educators*. Presentation at the Oregon Association for Health, Physical Education, Recreation, and Dance (OAPHERD) Annual Conference, Salem, OR.

Pedersen, P. J. (May, 2007). *Lessons from the ACHA-NCHA Data*. Invited presentation for the WOU Student Health and Counseling Center Staff Retreat, Monmouth, OR.

Pedersen, P. J. (May, 2007). *National College Health Assessment Results*. Invited presentation for the WOU College of Education Data Analysis Review Event (DARE), Monmouth, OR.

Pedersen, P. J. (May, 2006). *Assessing Student Learning Outcomes in Health Education*. Invited presentation for the WOU College of Education Data Analysis Review Event (DARE), Monmouth, OR.

Pedersen, P. J. (February, 2006). *Quality of Life Issues and Chronic Disease*. Invited presentation for Oregon State University Public Health students, Corvallis, OR.

Frank, S., Kelly, T., Lace, J., & **Pedersen, P. J.** (April, 2005). *Childhood Obesity: A Public Forum*. Invited presentation sponsored by Western Oregon University, Salem Hospital, and the Statesman Journal, Monmouth, OR.

Pedersen, P. J. (May, 2003). *Understanding the wear and tear of stress*. Invited presentation for the Benton County Health Department and CH2M Hill, Corvallis, OR.

Pedersen, P. J. (May, 2002). *Active start: Physical activity birth to five years*. Nutrition Education Program Conference, Corvallis, OR.

Pedersen, P. J. (January, 2001). *Balancing health with real life stress*. Invited presentation at the 21st Annual Oregon Women in Higher Education Conference, Portland, OR.

Pedersen, P. J. & Jacks, J. (May, 2001). *Linking extension and health*. Family and Community Development May Seminar In-service, Corvallis, OR.

Workshop Presentation:

Physical Activity Summit. Statewide EFNEP/OFNP staff. October 17, 2001. Planned and delivered a day-long program to 28 staff designed to begin building a framework for discussing physical activity with low-income audiences. Evaluation data collected. Materials available online at <http://extension.oregonstate.edu/fcd/nutrition/pasummit/index.php>

Special Training:

National Institutes of Health (NIH) Grant Writers' Seminar and Workshop
David C. Morrison, Ph.D. facilitator, February –September, 2003

PROFESSIONAL SERVICE

National Committee on Awards: Research Consortium of the American Alliance of Health, Physical Education, and Dance (AAHPERD). 2005-2008

Solicit and select nominees for the Distinguished Service Award, the Graduate Student Award, and other awards as directed by the Executive Committee.

Abstract Reviewer, American School Health Association Research Council, February 2007.

Textbook Editing: Access to Health, 11th Ed., Pearson Benjamin Cummings Publishers, April 2008- June 2008.

Edits and updating of information for Chapter 5: Communication and Relationships and Chapter 6: Sexuality: Choices in Sexual Behavior.

Textbook Editing: Access to Health, 11th Ed., Pearson Benjamin Cummings Publishers, May 2007- July 2007.

Edits and updates of information for Chapter 5: communication and Relationships, Chapter 6: Sexuality: Choices in Human Behavior, and Chapter 11: Healthy Aging.

Textbook Editing: Access to Health, 10th Ed., Pearson Benjamin Cummings Publishers, June 2006- September 2006.

Major edits and updating of information for Chapter 5: Communication and Relationships and Chapter 6: Sexuality: Choices in Sexual Behavior.

Alcohol, Tobacco and Other Drug (ATOD) Abuse Prevention Subcommittee: Decision Makers Forum, 2005-present

Workgroup composed of representatives from the Office of Mental Health and Addiction Services (OMHAS), Healthy Kids Learn Better (HKLB), school counselors, school psychologists, pre-service educators, and public school administrators seeking to create an action plan to ensure best ATOD education practice in working with school-aged youth. Focus on pre-service professional development as well as in-service for educators in the field.

Member –Higher Education Workgroup, 2004- present

Workgroup composed of faculty engaged in professional preparation programs for health educators. Facilitated by Tanya Friesendahl, Health Education Curriculum Specialist, Oregon Department of Education

Host for Visiting Research Fellow from Tajikistan, Dr. Lola Yuldasheva, Spring 2003

Member – Oregon Public Health System Assessment Oversight Committee, 2003- 2004

Steering committee to provide oversight as Oregon pilots the National Public Health Performance Standards Program (NPHPSP) and evaluates current state public health laws relative to a nationally developed “Model Public Health Act”.

Member – MPH/CPHN Online Program Advisory Committee, 2001-2003

Advisory group for five year funded project for public health nursing training in Oregon. Advise and assist with recruitment plan and strategies, practicum placements, interdisciplinary education, and hiring and retention of graduates in Oregon.

Member -Task Force on Public Health Workforce and Leadership Development in Oregon, 2001

Work with regional colleagues to identify strategies and initiatives, identify areas of collaboration, identify gaps, and consider a mechanism for dissemination of information.

Secretary-Treasurer, Illinois Public Health Association, 2000

Health Education/Health Promotion section

Working Member, Phase II Advisory Panel, Illinois State Board of Education, 1999

Worked with colleagues statewide to develop and present new/revised content-area standards for health education

Illinois School Health Education Professional Preparation (ISHEPP) Member, 1998-2000

Met annually with health education faculty from across the state to discuss current issues and trends impacting professional preparation programs

Folio Reviewer, AAHE/NCATE Review Process, 1997-2000

Review program curriculum assessments submitted by institutions to the National Council for Accreditation of Teacher Education (NCATE) in the specialty area of health education

Editorial Board Member, CourseWise Publishing, 1997-2000

Article reviews, section reviews for Perspectives: Human Sexuality

Article reviews, section reviews for STAND: Human Sexuality

UNIVERSITY COMMITTEES

Western Oregon University

HPE Strategic Planning Subcommittee, 2004-present

HPE Curriculum Committee, 2004-2007

HPE Graduate Committee, 2004-present

Chair, Search Committee: Health Education, 2007-08

Chair, Health Program Assessment Subcommittee, 2007-present

Faculty Senate, 2005-present
Senate Curriculum Committee, 2007-08
Academic Requirements Committee, 2008-present
Search Committee: Provost and Vice President for Academic Affairs, 2007-08
University Academic Infrastructure Committee, 2004-2007
Institutional Assessment Task Force, 2005-2007
Search Committee: Director of Institutional Research, Planning & Assessment, Spring 2005
Content Validity Workgroup, 2005-2006
NWCCU Accreditation Workgroup, 2005-2007

Oregon State University

Extension FCD May Seminar Planning Committee, 2002
HHP College Curriculum Committee, 2001-2002
Health Promotion and Education Planning Committee, 2001- 2004

Northern Illinois University

Graduate Council Colloquium Committee, 1999-2000
College Curriculum Committee, 1998-2000
Graduate Studies Committee, 1997-1999
Health Studies Committee, 1995-2000 (Chair 1998-2000)
Department Curriculum Committee, 1996-2000 (Chair 1999-2000)
Professional Studies Committee, 1996-1997
Facilities Committee, 1996-1998
Search Committees (3): Health Education

Central Oregon Community College

Academic Affairs Curriculum Committee, 1994-1995
Student Health Advisory Committee, 1994

Oregon State University

Graduate Grievance Review Committee, 1993

University of Wisconsin-Eau Claire

University Health Service Advisory Committee, 1985-88, (Chair 1986-88)
University Wellness Committee, 1986-88
Employee Wellness Subcommittee, 1987-88
Building Committee, H.P.E.R., 1987-88

Montana State University

Multicultural Ad Hoc Committee, 1983
Departmental Council 1983-85, (Chair 1984-85)
Health Fair Planning Committee, 1984